

*Ebook Saint Germain ~ Series of channelings assisting the path of awakening.*



Beloveds, this Free ebook consists of channelings from Beloved Master Saint Germain conveyed by his Twin Flame Méline Portia Lafont. We start out with a series of channelings recorded during a live channeling session where questions from readers were presented to Master Saint Germain.

The questions were asked by Andy Bojarski and I, Méline Lafont, have opened my channel to receive and allow Master Saint Germain to step forth and offer us his views and teachings.

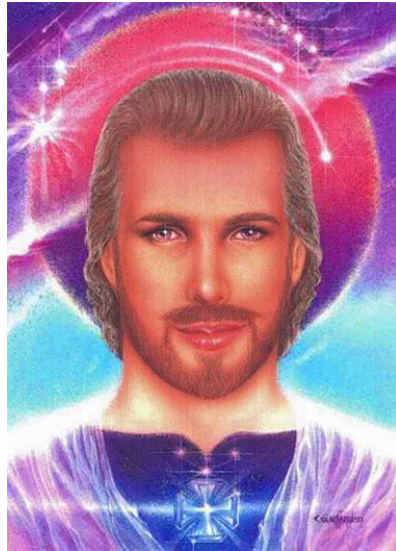
After these series of channelings, you can find in this Free ebook the most important teachings and channeled messages from Master Saint Germain that were given during the years 2012 till 2015. All these were channeled by Méline Portia Lafont and are thus Copyright protected with all rights reserved. The picture on the cover of this ebook was created by Gregory Ohm.

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*Andy:*

*Saint Germain, I guess the first question I'd like to ask you is, I was wondering if you could just tell us a little bit about yourself. What your role is in this ascension. Maybe about some past lives you have had? People, I think, want to get to know you a little bit more. So much has been said and written about you. Some true, some untrue. Maybe you could set the record straight a little bit? Maybe just about yourself and who you are, what your role here is... Just allow people to get to know you on a personal side. Would you do that?*

Saint Germain

I would be honored, Andrew. Do you have two hours or three? (laughter)

*Andy:*

*(Laugh) We have one hour.*

Saint Germain

Well, let's make a short list. First of all, I truly am honored to be here in this time, to serve you all, to assist you all.

That is my great pleasure because my heart is with you and humanity, with Gaia, with the awakening process, with the ascension process. That has always been my true desire, to accomplish this, and to assist you all in this. So with this being said, let's begin by a short introduction.

I have had many past lives on Earth. A lot of them I have loved so much. I really always enjoyed life. I enjoyed music and art, as you know. I have also enjoyed culture. I have helped the poor and the rich, the common human. I was loved by a lot of people. I still am, and I love everybody back as much as I am loved. I am a master of the Violet Flame. I did my ascension process on earth with physical vessel.

So I disappeared, at least this is what mankind perceived at that time. That kind of ascension process was a kind of "disappearing" from this earthy plane with body which was like a huge shock back then. Now, it's understood, but back then it was not. I have transmuted myself and my body during the ascension process to my lightbody. I did this consciously as I mastered alchemy.

This is how I ascended. I have been a lot of figures as I may be called in past lives. I have been the wizard known as Merlin. Which is a consciousness form I have taken. Yes, I was Columbus as well: "that horrible man" as people say. It's Ok, I'm used to that. But I truly was Columbus, yes. But Columbus was not entirely the person that is described to be in history books or movies. Parts are true, yes, parts are not true, to make that clear.

I have not been such a murderer that has been told in history books. I have made my faults, yes. I have worked the dark ways as well, yes, we all have, and you all did as well. So yes, I have made mistakes and I have worked to redeem those, to cleanse myself again, to cleanse and to purify my deeds again, like karma works sort of speak. I have lived in the woods and in castles.

I had worked with so many beings, with kings, with royalty, with poor, with normal straight human beings having normal lives. I have seen everyone. The life I enjoyed the less is probably, the one where I made so many mistakes and where I have killed a man. I have served for this. I truly have worked hard to redeem this as I was an ascended master back then when it happened. And even then being a Master, you can make mistakes.

You can lower yourself into ego and 3D thought patterns. Do you see, my dear friends, how important it is to stay pure as you are in the heart?! Even though you are an Ascended Master, or an Archangel or any being of light, awakened and ascended, you can always be pulled back. This is called self-mastery; to stay at the level that you are, to stay in the heart that you are. But anyway, I'm off track again. You were asking me about me.

Well, this is part of me, this is something that I am not proud of but it is a lesson for me, a lesson for you all as well. Do not take things for granted by thinking that if you are awakened, nothing can pull you down again. No, this is not true. You need to work on this every single day, every single moment of your being in the Now time and moment: every single second. I have earned my self-mastery in many past lives.

I have worked hard for this, many lives. I have searched for the goal of life, the goal of the Cosmos and the Universe. And I have found it in so many ways during my lives on Earth. I truly have enjoyed them a lot. As you know, I have enjoyed women as well, a lot. I have enjoyed friendships, love, affection, art, beautiful music, ballet, and Alchemy – all the beauty of your Earthly plane. But now, I am also enjoying not being in incarnation.

I enjoy all the work that I am now doing for you all, for humanity, for this Ascension process. I enjoy watching it, I enjoy assisting it, and I enjoy absorbing it. And truly, it is with my immense love with my entire heart and pleasure that I'm serving you all. This is now the age of Aquarius. It is the age where I am at the helm of it with my beloved twin flame and many others. And I am so grateful to get this opportunity.

I'm so grateful to show my energies, to invoke my energies for you all and through you all on Earth. To inflame your being with the Violet Flame, to inflame Earth with the Violet Flame. I love to do this. It is such an honor. I am doing a lot for you at this time. I am working very hard to reform the financial systems, the governments, removing the dark heads.

But it's all up to you whether to accept this dark part of you or not because they are merely reflections of you as well: the dark aspects as you know. Let me tell you my dear friends: This is the Golden Age, the Aquarian Age. And it is the most powerful and most beautiful one ever.

The state that you all have reached has never been reached before. So these are glorious times my friends, glorious times indeed.

As an Ascended Master of the Violet Ray, I work closely with a lot of Ascended Masters and with the Galactics as well. So are the Arcturians close to my Being (as well as the Pleiadians and the Sirians). I work a lot with them, side by side. They have the technology that is required to do some of the jobs and missions that I have to accomplish, like tracking for example. We use a lot of tracking methods and technology for the dark heads. Yes, they are clever, but not too clever for me.

I have assistance from many beings, like Lady Master Nada, as you all know. She is part of my crew and team and we both assist in that way to remove the dark heads. We both assist in that way to bring justice. I work as well with the Angels and the Archangels. We truly are one big family helping you all. And we love to do this because we love you. I am doing one million, billion, trillion tasks at this time at the same time and I can do this. I too love to do this.

And I am so driven to do that. You must know that I'm not the only one as a lot of people perceive me as the top of the Masters doing most of the work, no this is not true. We are all One. We are all part of each other and we are all equal. Let me stress that fact very clearly! You are assisted by so many beings and you are not even aware of most their existence. There are more beings than the Ascended Masters and the Galactics. There is more than Archangels, Angels and Hollow Earth people.

There are so many Beings that you have never heard of before. They all are eagerly waiting to connect with you all, to introduce their selves to you. Well, I'm going off track now Andrew, I'm sorry. I can just continue and continue about everything and talk the complete hour is that right? Its one hour that I have time to speak. Well, let's do this, I'm excited

*Andy:*

***People are losing their jobs, they are losing their houses. They do not know where to turn to and that turns to worry and it lowers their energy vibration and it kind of puts them in a position where they're stuck.***

*So I guess my questions is: how do you use these existing Merkabah energies that we just received ( July 2013) and all of the available energies that are here now for us to manifest and create abundance consciousness to help eliminate this worry about money so the vibrations can be raised and so that people can move up in consciousness?*

*What message can you give them to help them break out of that cycle or that double edge sword, if you will ,with respect to money and where they are in their lives?*

Saint Germain

Oh, yes money is the “ruler” of this Earthly plane isn't it?! All is about money. Well yes, Humanity has created money. You as a Human have made it to be important in your life. You all created this. Well, as we are now reaching this new world, so to speak, you are starting to see that this is quite an illusion: the money. It's a pain in the ass, I can tell you that.

Even though I have created my funds, which are true and are reliable, I have created them to protect humanity and to have a sort of compensation to give them back what they have the right on. But the money would not be created and it would not exist without your intent and creation, so I took advantage of that what you have created and put my energies into it and created something out of the money for you.

Money is always an issue in the mind. It lowers your vibration and gives you worries and fears. I see a lot of hearts out there that are really pulled down due to money issues. Let me say this to you my dear friends; do not let it pull you down -it is paper! It is energy created into paper! It is more important to think about other energies and other creations instead of money. Money is just energy and energy is abundant!

Well yes Saint Germain, but what about the money and the bills and everything that enters in this reality? Do we just drop it and ignore it? Well no, at this point you cannot just ignore it and drop it. Not yet. But you want to grow to that part, that time-frame and time-line where you will be able to just drop this, yes as it will not exist anymore. Not in that way that you are used to it now.

It will all change. As a matter of fact it is changing at this time that we speak. I have always told you that there is only one person who can access these Trust Funds, which is me. Only me. And even though I am not in incarnation, let me tell you, I can come on your Earth and put a signature or a little stamp on paper so to speak to just release the Funds. I can do that, I have my own body; I can do whatever I want with it and appear.

I can manifest myself and I can be at many places at the same time. So this is not the problem. The problem is that humanity needs to do this by themselves. I can only limit my assistance and energies, but people need to do the work themselves.

It is your planet, it is your reality, it is your creation. You need to learn from it. I cannot do the work for you even though I am doing so much work for you already. So we are now reaching a point in time where all the money and the financial systems are turning into something entirely different. Something else will come into place, yes. You cannot just drop money and continue without it.

Not yet anyways. There will be too much chaos and problems in the world as people are holding themselves too much on money. So, it will change. Something else will come in place. Let it be the bridge to the new.

This is now the time when this is happening. You are now forming this, creating this, changing this. It's happening NOW! It just needs time and steps. Trust me; I am doing whatever I can. But know that waiting for it and for me to do this for you, will not help you. We need to work together; we need to do this together, all of us as a collective Unity.

And you are now understanding that and you are taking the steps to do this. Know that change is in the air and that it is just money. Happiness and love is much more important, very important! It's worth a trillion more than just the paper called money. You cannot buy happiness my friends. You simply cannot. You can have all the money in the world, but can you truly buy happiness? No you can't because happiness is in the Heart. So when you feel down by money, connect with your inner plane of Being and go into your Heart center: see yourself sitting in there.



Now Love yourself, see how beautiful you are. Engulf yourself with the pink flame and see yourself smiling, enjoying, being happy, loving everybody around you, and loving yourself. That, you cannot buy with money. The systems are falling, trust this. You are making them crumble.

So, these Merkabah energies, which are still at this time very much present on your Earth, are assisting this all: these creations, the crumbling down of the systems, the crumbling down of the old, the growth of the New.

This is happening NOW and these energies are empowering everything that you are, that you do, what you bring, what you create and what you think. So be careful my dear friends. What you think is so powerful that you create with your thoughts. This is how powerful the energy is. So, what you can do with those energies is the following: You meditate! If you do not know how to meditate, just make yourself quiet for a few minutes and listen to your inner planes and Heart.

This is meditation. You block everything that comes into your mind and you let it go. You have an empty mind and you just feel. Everything around you that might disturb you, you will not hear anymore. Put on some music: some beautiful dolphin music, some Angel music that helps you to relax. And you just sit and feel. As you are doing that, you open yourself up to all the energies and Beings of light. Now, how do you do that Saint Germain? Open up? I do not know how to do this.

Envision the Heart and the crown opened. See this channel opening up, becoming a big ball of light. See light energies and a big ball of light entering your body through the Heart and Crown Chakra. See it going downwards moving through your chakras and your body. See from this ball of light all kinds of energies floating: all floating inside of your body filling your body with Light, Love and energy.

Ask for the energies of the Cosmos and the Merkabah to be absorbed. Open the Crown Chakra and the Heart Chakra and see the energies coming in. See these entering and feel the merging taking place with you. And then you will feel warmth. You will feel loved and blissful, for it is a wonderful feeling. And as you are absorbing these energies, make use of them.

By that, I mean ground the energies, take these inside of your heart and say that you want to use the energies to help you to connect more with yourself, to connect with others. Use the energies by sending Love to others and yourself. Use these by grounding them into Earth. This is the most important part – Gaia needs those energies.

And as you are grounded, you pass them through to Gaia, and as you are connected with Gaia by grounding, you as well will make use of these energies because Gaia sends them back to every single living soul on this Earthly plane. You are all connected as One. And as you are connected to each other, from heart to heart, you will help each other. You will collectively help each other and grow so much. This is why grounding is important.

You ground yourself in the Earthly grid inside of Mother Earth. And you will connect with the Earthly grid around Mother Earth as well forming this beautiful Flower of Life. This is what the Merkabah formation is helping and assisting with. All the energies are pouring in from the Cosmos and are led straight to you: in each one of your hearts.

So by opening up, just state that you want to receive these energies and that you want to be this Light channel, this Light pillar absorbing All That Is.. entering your fields. Let it be absorbed in the Heart and ignite the Heart, and then pass it onto Gaia. This is what you can do, this is working with the energies. This is channeling energies. Yes, it is a form of channeling. And so that way, you will help more than you know.

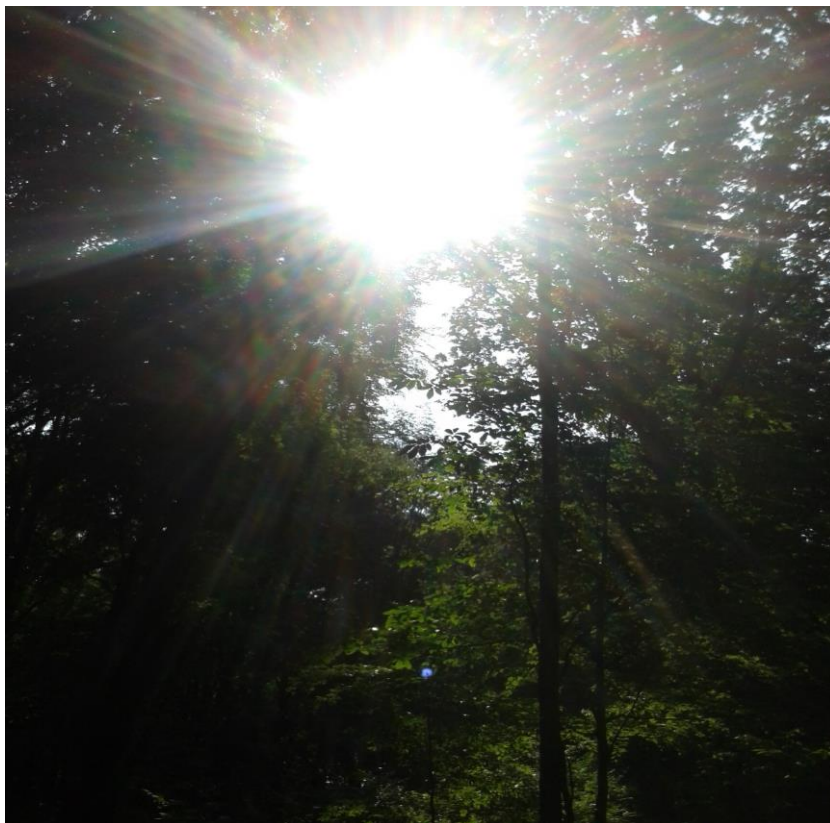
You will work with energies actively instead of just waiting and closing yourself off or not opening your Heart and chakras. Just taking a waiting position will not lend assistance to yourself, nor for the collective, nor for the Earth. To be able to absorb the maximum of those energies, you will allow yourself to absorb those. Your body and Higher Self will know how much you will be able to cope with. The Archangels will know how many of you can absorb what kind of level of integrations.

Know that every single soul on this Earth has the opportunity and the ability to do so: to channel those energies. Everyone of you, in their own way! It even could be during your sleep. Most of the souls are being worked on energetically during their sleep.

They absorb these energies during the sleep time because the sleep is the only time-frame in their lives that they open themselves and release and let go.

By this I mean merely the unawakened ones. The awakened ones, the light-workers: you all, the masters – you do this merely in a conscious way. And I thank you for that my Beloved friends, because you are assisting so much. I feel it and I am really passionate about all of this. You are truly seeing so many wonderful things happening on the earthly plane.

And every one of you that is awakened and connected to Self is able to feel it as well in the Heart and you can start to see it in your worlds and realities as well because it's becoming tangible as ever. Wait, because more will come. You will be engulfed by so many Light Beings, Love and energies. You will connect with more of us very soon in the Heart. Does this all answer your question, dear Andrew?



(pic by Méline 2014)

*Andy*

*Beautifully said Saint Germain, thank you! I think this will help so many people. Thank you again. I do would like to ask a question. A lot of people would like to know about the process of Ascension. I think they understand what it is but how exactly does one Ascend and how will we know when we Ascend?*

*What will we feel, what will we see in our conscious state? So many different channelings talk about this but maybe they don't address the actual process of Ascension. Are we going to be lifted, are we just all of a sudden just going to disappear.? If you could just talk about how are we going to know in the conscious state what will be seeing and feeling during our individual ascension as we move up.*

Saint Germain

Ascension is a large concept. It cannot be put into words in that way to be fully grasped by Humanity, how Ascension really is. But let me try to explain it in the best way possible. Ascension is an ongoing process. It is not a process that you do only once and you are there. No.

All the ones who have reached a higher level of consciousness even though they feel they are ascended and they have all the knowledge they desire and required to ascend, even then, you keep on evolving infinitely. There is no stop. There is no higher level to achieve. It is a continuous process. A never ending story.

Ascension is merely something ethereally, it is not literally going through a portal or a gate, opening a door, closing it and being in this total New World, Galaxy or some other place. No. Actually it is merely a change inside of yourself. The Ascension Gate or Portal is inside of you, it is your heart. This is why we stress how important the heart is, how to connect with the heart constantly and to be love in the Heart because this is the gateway of your Ascension.

Every time an Ascension process has unfolded in your life, you will feel it because you will feel different. You will feel as a changed Human being. You will feel that a lot of the old aspects of you are gone. It's like you are an entirely new person and being.

You will see that a lot of people will tell you that you have changed and that you are not the same person anymore. People will even claim that it looks like someone else just entered your physical vessel. Well for them, it appears this way.

And in fact, there is part truth in this. You are still the same person. Nobody has taken over your form. You have just grown out of things ~ transcendence. And when you grow out of things, you become lighter, more awakened. You have learned more lessons and you will cope with things differently than you did before.

Always in a gently and loving way. With more confidence, you will become more certain in life, with every step you take. You will know things instead of doubting: you will know! It is like you say something or you act upon something with such a certainty. And afterwards you realize what you did or said. And you are surprised that you did this with such a certainty because actually you are not entirely aware of what you are doing.

Well this is your Higher Self, your true essence speaking and acting and thus this means that you have a connection with yourself and that you are fully trusting yourself. That you have a knowing and a feeling that you are not relying anymore on other outer Sources or that you do not doubt anymore if this is the right way. This is an Ascension process as well. It is the knowing, the feeling.

And every time you go through that Gate and you come back: because you ground those energies, because Earth needs this. It is not that you go through a Gate and that you never come back again. Yes there are some beings that choose to do so, but that means their contracts have ended.

It can be so because they have chosen to achieve a certain level or have achieved their missions and then go to another plane, frequency, to their home or their galaxies. So these disappear from people's lives or just leave the body behind. (death process). It is all depending on the soul contract that you have chosen for. But let me tell you that the majority of Humanity has chosen to ascend with body. Let me put that straight.

No need to fear the leaving of the body behind, because in ancient times the Ascension process was through the death process.

We needed to leave our bodies behind in order to ascend. Well, the current Ascension process is new and exceptional, because now you can take your beautiful physical forms with you.

We change it and transform it into a light body. And this is why we stress so much that it is important to give the Ascension process time because steps are needed. The physical vessel is very dense and very sensitive.

We need to be careful to not stress it too much. It needs to be able to cope with all the incoming energies. So if there is stress that pushes the body too much, you may lose it. So this is why it may take such a long time for you beautiful souls.

But know that we have never ever achieved this kind of awakening and Ascension before. Not in this way and not on a physical level. I see many Light Beings already.

I see many Light bodies as well. Even though you still appear to have a physical form. Let me say this: This is not the case for many of you – you are already a light body. It just needs time to be absorbed this way and perceived this way with your Earthly brain because you do still have a connection with your Earthly brain. You will now adapt to who you are, what your light body is, you will absorb this in your reality. Accept this.

And you will start to see this light body around you. You are used to seeing the physical self because you are creating this physical aspect of yours, still. And as soon as you stop creating this physical aspect of yours, maybe you will lose that part of you, not in the sense of leaving the body behind, but in the sense of releasing the thought of who you are in the physical incarnation and start to see your true Essence and accept this.

You will see more and more light appearing around you. The ascension process is all about reconnecting with your Self, reawakening, becoming your true essence to Source. Ascension is learning, adapting, coping, changing, creating, feeling, becoming, embodying.

Ascension is a complicated process. And the more you ascend, the more you will feel warm inside and blissful, happy, joy and living in perfect harmony with yourself. That is Ascension.

And the more you are this, the more you do all of this, the more your reality will be reflected this way because all that you are inside of you reflects into the outer reality. And you will start to see all these signs in your reality. And you will attract more loving people, this is one sign. You will see more light, more energies.

You will see more loving actions of people towards each other, people helping each other. You will have less confrontations with chaos and negativity as it will not affect you anymore. It is not your Truth. It's not your reality anymore. At this time you are still lingering between those two facets of your life, levels of your life. Triggering you because you will outgrow / transcend this. This is Ascension as well.

The leaving behind of duality – the outgrowing of the old you – the 3D you – you are connecting with your Higher Self. This is ascension as well. Every time you ascend, you do a transformation process. This means you transform into something different. Let me put it that way. You transform more and more into Light and Love. And so yes, it may be visualized as a Gate that you step through, it is a symbolic envisioning of that – an image.

But in Truth, it is the opening of the Heart, it is being in the Heart and as you know all energies come in through the Heart and go out through the Heart as well. If you transform yourself, transmute yourself or teleport yourself, this is also going through the Heart. The Heart is the center of the Universe; it is the center of you. All secrets, records, knowledge and wisdom lie in it. So ascension is opening up to your heart, into yourself.



(pic of a cloudship by Méline 2014)

*Andy*

*Thank you Saint Germain. Changing topics a little bit. The question I'd like to know and some other readers would like to know is how do you envision Disclosure happening Globally and who will introduce this to the mass media? Is it going to be Lady Portia, Obama, and other leaders? (2013)*

*And also, where exactly are we with Ascension right now at this NOW moment Globally and what still needs to happen for this global ascension to occur and to move forward ?*

Saint Germain

Ascension is happening now. It's happening for a long time but we are now at the highest level of requirements, as you can name it, at the Ascension process. The most critical and important one, the important phase, the beautiful phase. What will come now is indeed Disclosure because this is needed to be brought to Humanity for it will open the Gates and the floods will come.



At this point, we are still awaiting some changes. I know, Disclosure has been awaiting for a long time now and people are getting tired of it and they want to have Disclosure straight away. I do agree on that my dear friends, because I want it too. But humanity needs to bring Disclosure themselves at this time. Again, do not search for outside Sources to do it for you.

We assist you with this; we bring this with you and for you. And at this time, we are working closely with Governments and discuss facts with them, make some agreements with them as into which is the best way to cope with all of this and bring out all of this. Because yes, we still need to do this with and through your Governments. If we just simply fly in and ask you to come aboard, a lot of people will be shocked.

They want to hear this from the Governments because they trust the Governments; the old system. So we need to address those kinds of people in those ways as well and the way that we need to infiltrate through the Governments – our energies – and bring Disclosure together with them. Now I hear people say, Oh Saint Germain, isn't it about time the Government makes changes and do this, because they are blocking and they are not working along with us?

Yes, I agree, there are some Governments that do not work with us and do not wish to cooperate with us. But there are a lot of countries that do. Now, as Obama, he is part of that too. I know that people think he is not of the Light, but he is. I can assure you that. He is just not in the easiest position. He has been threatened by all of the cabal and the worst enemies that you can have.

And even though most of them are removed, there are still influences from the astral realms. You need to take that into account as well. He wants to bring all of the new world into Light but he needs to play along as well for his own safety. And I know many of you will not resonate with that but this is my Truth that I bring to you as I work closely with him at times. You may disagree with me and that is fine as well.

I respect all of you, each and everyone of you. Disclosure will come in the most subtle ways. The Galactics are preparing themselves for a long time now. They are ready to cope with whatever comes in, whatever they need to cope with. They are ready and they can handle it. The ground crew is ready as well. Many of you are ground crew. Yes you are.

Many of you are the ones who bring back and forth the energies, and keep the information updated to our Galactic family as to how far we have achieved and how far we are ready to do the Disclosure.

Disclosure will not be brought by one person. It will be brought by many. It will be cooperation. Disclosure is not only Galactic beings that present themselves and say OK, we exist too, we are not alone, we are you, and you are us.

Disclosure is the bringing of Truth concerning the Vatican and all of the History, the Governments, the rich families, the dark cabal and all that has been played in their hands and been lied to humanity. This is Disclosure as well. And so disclosure is taking place at this time because a lot of Truth is coming up to the surface now.

And this is a big part of the Disclosure process. People need to know what this Truth is. How many years and lives they have been lied to. And if they see that and understand that, there will be a shock at first.

But after that, they will be ready to accept that you are not alone, that there are Billions of civilizations out there and that they are friendly. Most of them are. And the ones that will come forward will be the friendly ones, of Light, because your Earth has now a beautiful Light grid. She has achieved such a high energetic frequency of light that dark E,T,'s cannot access it anymore.

The only way that they can access your Earth is by allowing them, by fearing them and taking them for real or inviting them. So please, do not do that for they will enter your consciousness.

Think of loving Beings and they will be there with you. They will protect you. There are so many Beings of ships around the Earth that you cannot see at this time because they are Light ships. And as you ascend along this process, you will start to visualize all of them and you will start to see them for the third eye will be opened. And when the third eye is opened and the heart is opened, you can perceive whatever you are and every Light Being around you, because you will share the same Love, the same consciousness and the same frequency of Light.

You will see that they are part of your soul group and soul family, they are part of you. Because as the matter of fact you are them and they are you. There is no separation. We are all One. Even with the dark aspects of yourself. We are all One. So trust that Disclosure is coming and you are doing this right now, maybe not in the extent that you wish it to be, for you wish us to see land and introduce ourselves to you.

Well, it is our wish as well to communicate directly with you. But, just let's await first for these changes that are taking place now because they are making the way free to Disclosure and full Disclosure. We have a lot of people on Earth that are still not awakened and we do not wish to cause fear, so please be patient, continue with your work, your trust and keep talking about the galactics and the higher selves and the ascended masters and all that is part of you.

Keep accepting us for we are you and you are us and do not deny our existence to anyone. People will open up more now. They will show interest now because they feel it and they sense it that there is more in life to this. A lot of the issues will arise as well to be cleansed and to be released. Let it all play out because this is necessary. All is forming out to aAcension and Disclosure as they are part of each other. And they go hand in hand.

*Andy:*

*Thank you Saint Germain. And lastly, as a closing, what words of comfort can you give at these times to people that are listening to this video. Maybe, I thought about what people can do at this time with their own individual Ascension.*

*But what can you state, given what you know, to help people feel more comfortable or better about their own ascension and how that can maybe progress. What words of comfort can you maybe give?*

Saint Germain

I can give you the comfort and the certainty that Ascension is happening and achieving at this time. And I can tell you that a lot of people have stepped into the new world, 5D, 6D, and even higher. They are all here and they stay here to assist all of the ones who are still learning and going through the process.

And even they who are already in the higher consciousness are here as well at the same time because they keep on evolving as well. We all do. The comfort that I can give you is that you are not alone. Nobody is abandoned. Everyone in incarnation, every soul, every heart is surrounded by guides of Light.

You are never for one split of a second alone. Never! There is always someone watching over you, guiding you, helping you, every step you take. Loving you, embracing you, caring for you. And as I know, Ascension at this time today, now that we speak, has been achieved already in a high level. And as it continues to grow, Earth will become a star again, you all will become light bodies again and this is happening now.

I can see the first changes coming in. You will too at some time because as you know it always takes time for the lower planes to take on forms and to manifest into the creations. The comfort that I can give you is that this form of Ascension that we have achieved now today, as we speak, has never ever been reached before.

Not during the times of Atlantis, not during the times of Lemuria. You have reached an even higher state and each and every one of you who are here on Earth are part of this. Each one of you who are now on this Earth, even the unawakened ones, are high light beings.

You have all achieved a high consciousness before coming down and descending on this Earth because you all agreed to be here and to play this game of duality and to help Gaia and all of the other beings that are here for the first time or are here to learn and evolve and ascend – each and every one of you are a part of this.

And each and every one of you are ascending on your own pace, time and way. Even the unawakened ones are taking in energies and they will access it whenever they feel they need to do that or are ready for that. This Earth looks like a magnificent light ball at this time. She truly is so beautiful. She is.

There is less density, there is more light. The majority of Earth is engulfed by light and love. And these energies are here to stay my friends. These are not coming and going.

They are here to stay because they are part of your consciousness, the collective consciousness on Earth and Earth Her consciousness. The grid is formed, she has been stabilized and she has been reinforced on at this time.

And when that is fact, nothing can come through anymore of darkness. First, all darkness needs to be removed from Earth, and that means all the dark aspects of yourself, from your being by being illuminated. And when this is fact, then we truly can speak of all darkness being removed. But first, let things play out, for yourself and the collective. We truly are almost there. Almost there, in the sense of all the dark being removed.

We have achieved Ascension into 5D world ethereally. Officially, yes! This has been achieved with the Merkabah and ethereally this has been achieved a few months ago already. But now, the portal is really on the physical level. So rest, integrate well, love yourself and with my last words of comfort, know that I love you and I leave you all now with all my heart and blessings.



(pic by Méline 2014)

It was truly an honor to speak to you all. I thank you so much for this opportunity Andrew and humanity and my beloved friends, for you all are my friends. I love you so much. I leave you now.

*Andy*

*Saint Germain, we are the ones that are blessed to have you here with us. I know that I am. You have been a part of me for a long time and words can't describe how thankful and grateful I am to have you in my life.*

*So, on a personal note, from the bottom of my heart, thank you so much for all that you do for me, for Meline, for everybody that's here, for humanity. And I know that these words will resonate with a lot of people that are going to listen to this video so for everybody, thank you from the bottom of all of our hearts.*

Saint Germain

It was my deepest pleasure dear Andrew. And I really want to thank you again because I feel honored and blessed to do this. I love it to speak to you all and my friends and to share them my love it is truly the biggest wish I wanted to do at this time. I embrace everybody and give them a big hug with all the love in my heart. Please accept it. I AM Saint Germain.

*Andy*

*Thank you Saint Germain*



(pic by Méline 2014)

*Andy:*

*Hello everybody, this is Andy Bojarski again. I am here with Méline Lafont and today's guest will be Saint Germain. We have questions that have been asked by various viewers on our webpage so we will get to those questions and see what responses we can get from Saint Germain, so thank you Méline for doing this.*

*Saint Germain are you there?*

**Saint Germain:**

Hello my friend there, yes I am! Thank you for having me again

*Andy:*

*Thank you for being here, I know you are busy with a lot of things and it is always an honor to speak with you and it is always an honor to have you with us. As you know we have some questions of viewers who have asked us that we would like to forward to you and see what your responses are. Anyway with that said I guess my first question would be: Last time that we talked you have mentioned that we would be ascending with our physical body and our carbon bodies being moved up to crystalline and that there would be no physical death as we know it as we move up through the Ascension. What happens to the people that are currently dying every day in this Now? Are they ascending when they have their physical death or do they reincarnate in another 3D life to continue on with whatever learning they maybe need to do before they can ascend? What can you tell us with respect to us moving forward in our physical body versus so many people in this Now that are passing on and dying in a physical death in this reality? Can you maybe talk a little bit about that?*

**Saint Germain:**

Yes my friend, I would love to. Now there are various of reasons why people choose to leave the body through that process or to ascend through that process. This is all depending on the soul contracts, whether which choices that they made. One of the reasons can be to reincarnate again and to start over on a whole new level. Another reason can be that they choose to ascend through the death process because it is more easier than going through a transformation process with the body, which is the toughest one.



A lot of people at this time choose to ascend with body, yes, because this is an exceptional experience and everyone likes to feel and to be this experience, and to see how far they can go through this Ascension process with a physical vessel. A carbon based type of body transforming into a crystalline body of Light. As you see now, many people are ascending at this time with their bodies. It takes time as you know, it takes steps. The physical body needs to adapt to the Light quotient, it needs to be reactivated, it needs to absorb a lot of energies and light energies, light codes. It needs to set everything into Light, it needs to transform into energy and Light, it needs to be more Love and become the Love that you are from essence. And this is a very tricky and hard process to go through, so it takes time.

But let me tell you that you are all doing wonderfully, more than you know because this has never been done before! This is a first timer! Not even in the times of Atlantis and Lemuria have you reached that state that you are in now to be able and transform your carbon based bodies into a crystalline one. So this is what you are all doing now and along the way you can lose a lot of friends and families and it can give you some grief and hurt and anger. I hear questions everyday: Why? Why must this person go? Why? it is a Light worker and he is doing so much. Why is it his time to go?

Well there are many reasons for that, one of that is the heart choice. I see many Light workers achieving a state of consciousness that is very much evolved and still at one point they chose to end the contract and to go through the death process. This can be for several reasons as well. It can be because you want to experience it this way, or it can be because the physical transformation is getting too hard on the physical body, so you choose to go through the death process and to leave it behind and just ascend straight away to the new light and world that you are.

Or it can simply be that they just changed course in their lives, and chose to do something else than originally has been chosen before incarnation. Know that all the soul contracts that you have made before incarnating on Earth, can be changed immediately during your lifetime, all depending on your evolution, the state of consciousness and the heart choices that you make and feel at this time.

There are plenty of souls at this time who wish to evolve without body but as well as with body, and the ones who have chosen to be here and ascend in those ways where they just leave the body and the body is decomposed, are many.. and they just simply choose that in order to go straight through the Ascension gate to the Light and be there, and to reincarnate whenever they want or to just stay in the new world and evolve further in the Light that they are. You will all see them again very soon because you will meet again at the place where you have reached the same level of consciousness as the ones who have chosen to go through the Ascension gate portal without the physical body.

There are always reunions awaiting you, so there is no loss at all. It's a gift, it's a blessing for them who choose to go earlier and it's their way of ascending and it is their heart choice, so we need to respect this. There is no death, there never has been death. So people who ascend by leaving the body behind can, yes, be reincarnated if they choose so and if they do they will come back on an Earthly reality where they can again move along and evolve along with others to ascend, and ascend and ascend continuously. Or they can choose to reincarnate on another planet where they have plenty of time to cope with the duality and learn from it.

Now this may not be Earth, there are billions and trillions of planets that you are not aware of and that are experiencing duality just as you are. But most of those planets are not as far evolved as you are now. Earth is one of the hardest experiences ever that you could embody and experience. Earth is now one of the most evolved planets of duality and is on the threshold of ascending, flipping to the Light, turning to the Light and being the Light that she is and that you all are. And so many souls are choosing to reincarnate on other planets because they need more lessons and they feel they have more need for experience.

Or they can choose to reincarnate on Gaia, but that means they will be new born children; Crystalline children, Platinum children with so many gifts and they will be more evolved and more awakened than when they were when they left. This is also a choice that they made. So you see there are various choices and possibilities that can be made. But know that every time a soul chooses to go and to leave the Earthly plane, it has always a reason and it is always a choice that has been made, even though you are not aware of it or you are.. it's always a heartfelt choice that is made by the soul and the higher Self. And so this way, everyone is choosing what they can cope with the best and what is the most comfortable for you at this time.

The ones who are choosing to ascend with the body, are the strongest souls on Earth because the Ascension and the transformation of a physical vessel into a crystalline one is the toughest one ever. And since you are all able to cope with this and doing this all at this time, many beings have already ascended into a crystalline Light body as I have told you all last time. It is just the time of adapting and perceiving this with the brain you are still connected with in a physical vessel. So now the choice is all up to you, all is respected and all of you are loved immensely by all of us.

Ascension is now going at a very rapid pace, many of you have passed the threshold already and are starting a new way of being and living; a fifth dimensional way of being and living. These are the ones who are the wayshowers, who do the most of the work and you make it all easy and more easier for all the others who are following you. The more the road is cleared, the more souls will attempt to ascend with body and the more you can cope with the intense energies that are pouring in, like the lion's gate and the Merkabah alignments, the equinoxes and the solstices. All of them are very powerful alignments and activations of portals that are bringing each and everyone of you to a higher state of consciousness. And the more this happens, the more you need to cope with it.

The more you are absorbing all of these energies, the more you clear the road to a full Ascension with the global world that you are in at this time. The more you have cleared the road, the more souls will be able to continue their roads towards awakening and ascension because as you all, the Light workers, remove the blocks, you all are taking on the hardest blocks, energies, experiences and challenges. When they are cleared all the rest can move on with you and float very easily through this road of ascension. So please hold on and keep on doing what you are doing because really, it is wonderful what you are all doing now and are achieving, and I could not be more grateful for that. I thank you from the bottom of my heart.

*Andy:*

*Another question that I have is: there are a lot of channellings and different things out there that talk about the collective Ascension, that there is also a collective Ascension in addition to an individual Ascension and that a certain threshold percent that needs to be reached for the collective to ascend. Is that true and does the collective need to ascend before the individual can ascend or in other words can I ascend and then the collective may later follow if I am ready? And what has to happen for the collective as one consciousness on Earth, on Gaia to ascend? Can you maybe give some clarity on that?*

Saint Germain:

Yes. In order for the collective to be able to ascend, each individual needs to be ascended first because as you ascend individually, you are making it more possible for the collective to ascend along. And this because each and everyone of you are connected to the collective and you are a part of this collective. You can see this as a beautiful puzzle. Envision this puzzle as being the collective. The more pieces of the puzzle are colored green so to speak, like we use green and red, red for not ready and green for ready. The more pieces of this puzzle are colored green, the more the collective is ready to pass this threshold and the more individuals are ascending, the more Gaia is able to awaken in this new reality and to share this new reality with each and everyone of you.

So yes Andrew and my dear friends, an individual process of Ascension is needed first in order to lift up the entire planet of Gaia and the collective with you. So if you ascend individually first, you go through the Ascension portal and back and you do this continuously; you go back and forth to adapt to the new energies. You come back to ground them into the collective world you are living in, so that energy that you have absorbed during your Ascension process can be grounded into Gaia and as it is grounded into Gaia, the collective will absorb this as well and activate this in the heart. The more individuals are doing that, the more the collective is absorbing and activating.

The more new souls are being awakened and reborn in this awakening.

So yes, the individual process is very important. This is why we stress the fact so much to meditate, to work on your personal evolution, to be balanced, to be Love all the time, to ground yourself, because by grounding you are allowing to bring in the absorbed energies into the world of Gaia and her collective of humanity. You are giving the chance and bringing all the opportunities to all the individuals on your world to access all the energies that you have all gained and absorbed by Ascending and going through the portal of Ascension.

The more you do an Ascension process and you always come back into this reality, the more you ground this by coming back into this reality. You may be lingering in 3 or even 4 or more worlds at the same time but this is the reason why you are still here lingering as well. Because while you are bi-located in the other realities at the same time and your consciousness is constantly shifting from one reality to another, you are experiencing time frames and little aspects of these other dimension and realities at the same time.

Sometimes you experience the fourth or the fifth dimension or even higher dimensions, and it is like a split of a second. Most of the times you do not perceive it to be your reality but you are starting to perceive it as your reality now and you start to recognize it that you just did a time travel consciously and you take that back to your lower and other Dimension, which is the Earthly one where the collective is lingering in. This is the fourth dimension that the collective is lingering in. And you take it back to that Dimension and you ground this as it helps to awaken a lot of people at the same time.

You can be in the fifth Dimension or in the sixth Dimension and stay there for plenty of time while at the same time your embodiment is still in the fourth Dimension and your consciousness is most of the time lingering in this Earthly plane but at the same time you are experiencing a new world. You are absorbing all of this, you are experiencing your gifts and your talents, you are accessing other time frames and time lines and all that you are. You take this with you every time you consciousness shifts again into the lower fourth dimension.

This is needed to be done, this is the way how you help Humanity; by constantly lingering in all those dimensions and realities at the same time. And the more you ascend the more you grow in this, and the more you grow in this the more you are doing this on a conscious way! So you see Ascension with body is much more wonderful and challenging than just choosing to exit the planet through the death process. But anyway, I do not wish to diminish this at all. I have respect and the most of respect for the souls who choose to do this through the death process, because it is challenging for them as well.

It is going through the fear of dying and letting go of the body which is not an easy one if you fear it. If you don't fear it, it is a very beautiful process.. I can tell you that. And I have the most respect for those who choose to leave the body and go through the ascension gate by leaving the body behind because this way they are granted new opportunities to take on new forms which they will choose and whatever form they would like to do. By this I hope I have answered your question to the fullest extent possible because truly ascension is so beautiful, it is very hard to put it into words and I try my best to give you an answer and an image of what the opportunities are and how important it is to do an Ascension process.

*Andy: yes thank you so much and very well said! I am just so excited because I think personally I am ascending with body, I'd like to think I am.*

*Thank you Saint Germain*



*Andy:*

*Changing topics if I can for a quick second. A lot of questions came in with respect to our animals and pets, our cats, our dogs, maybe horses, animals in general.. and basically 2 quick questions I would like your feedback on. The first question is: why do our pets, our cats, our dogs not live as long as we do? They live maybe 10, 12, 15 years and then they end up leaving the physical body. There are a lot of questions that came in on that 'cause a lot of people don't understand it, they are concerned about their pet and it is very traumatic. The second question is: can you maybe talk about our pets in this Ascension process? What happens to them and how do they ascend? Just maybe to give some reassurance to the readers and the viewers.*

**Saint Germain:**

All of the animal kingdoms that you see around you are experienced and high evolved souls who have chosen to assist in this Ascension process and the duality by taking on forms of animals and pets as you call them, to bring awareness and to help the human experience as to how cope with different kinds of embodiments and energies than the Human one. They are here to the extent of bringing awareness, to bring and show what acceptance is. They have chosen to take on short lifetimes because they have a short soul contract.

They do not have to learn like human beings have to learn an entire lifetime of maybe 70 to 80 or 100 years. They are such evolved beings that a 10 year lifetime would be enough for them because merely they are here to assist you all, to bring awareness to you all, to teach you a lot of things because they are teachers. These animals are teachers, but like you at the same time they are experiencing all life and consciousness at the same time. They are experiencing the Ascension process and the duality but they have more awareness than humans have.

They were born with a greater awareness and an awakening and activation than you are, when you were born in a human being. The animals chose to have short soul contracts because what they bring as an assistance to you all is very important and as I have said earlier they do not need a lot of time to awaken and ascend as they are far ahead of you all. Do not worry about this when animals choose to go through the death process, just like human beings are, they are ascending as well. And as they are far more evolved than you are, they will go to the new world and meet you there as well.

As the matter of fact, the animal kingdom has ascended a long time ago before you, when the alignment has taken place on December 2012. They already made the shift a few months before that, they have been awaiting you all in this new reality and as you are now reaching this reality, they are connecting more with you.

You will see more butterflies, you will see more Devas and Fairies, Unicorns. You will feel more Presences of the Dolphins around you! They are all eagerly waiting to connect with you and they are taking steps towards you and coming closer. They are searching for a new connection because they feel you are now ready to interact with them on a telepathic way.

They have always been aware of this and they have always been communicating with you telepathically but the Human race was not ready to see this. The Human race was not able to feel or to hear this and as now you have reached this threshold ethereally and it is now being played out physically, you are now moving into a new world where a better understanding with the animal kingdom is being born again and where each and all individual will be able to communicate with each animal telepathically.

So do not be worried about the animals, because this is what they have chosen. They do not wish to be here on Earth and serve you all, Humans and the ascension process by being in incarnation for another 80 to 100 years. They wish to do short soul contracts because being in an animal form is not always so easy as being in an human form. They have other instincts and even though they share a lot of consciousness as human beings have, by nurturing each other, by connecting with each other, they share a lot of other consciousness and instincts as well like you see in Africa; they kill each other to eat. Well this is an instinct of an animal and this is part of their learning process as well as this is a part of their incarnation contracts just as you have parts of your incarnation contracts as well, that are a part of your learning processes.

Cats are very evolved beings, they are the Galactics in incarnation. There is a saying that cats have more than 9 lives, well yes that is correct and why is this? It is because they are Galactic beings and they are so evolved and they have so many talents and gifts that they are here to experience and to bring a lot. So if you have guardian Angels incarnated in cats they will be present in your life, always. They will nurture you and they will guard you always every time. You can see it in their eyes which ones are Galactics and which are not. Not all cats are Galactics but most of them are and they are here to accompany you and to speak to you through their eyes. Look into their eyes and see how special they are. You will feel the Galactic presences into their little incarnation that they are.

Horses are very enlightened beings as well, they are here to assist humanity in that way to bring awareness that humans are not the only intelligent beings on this planet, because horses are incarnations of Earthly Angels. They are here as keepers of nature they are here to serve Gaia and to bring many manifestation on your Earth. They are really absorbing a lot of energies and grounding these into Earth. They are our ground crew, they are the angelic ground crew and as they have a close connection to Human beings, they learn and teach the human beings that by working with their energies, by cooperating with them and their energies, a beautiful connection can unfold and be born into the heart. Horses will guide you and point at the important things what you exactly need to see and absorb at this time. They will ground you when it is necessary to be grounded again and they are here for you as they love you the most!





Source

([http://en.wikipedia.org/wiki/Spinner\\_dolphin#mediaviewer/File:A\\_pod\\_of\\_spinner\\_dolphins\\_in\\_the\\_Red\\_Sea.jpg](http://en.wikipedia.org/wiki/Spinner_dolphin#mediaviewer/File:A_pod_of_spinner_dolphins_in_the_Red_Sea.jpg))

Dolphins are very enlightening and very spiritual beings as well and they are the keepers of the portals and vortexes of the oceans, they are there to keep the portals open so that your galactic sisters and brothers of Light can travel through it back and forth, they are the keepers of the crystals as they guard the crystals that are found of the times of Atlantis. They watch over them and they activate every crystal that is needed to be activated at this time. So love them and be blessed my beautiful dolphins for you are wonderful beings by heart. I am so thankful that they are present here because they are doing so much for the oceans and they have one of the most toughest missions on Earth because the dolphins are not always treated the way they way they need to be treated. They deserve the most respect and love from every human being and still whatever happens with them, whatever disrespect they receive and pain they go through, they love you all intensively and deeply and they still continue to grown and bring awareness to you all. They still love you so much and they keep the oceans clean, they work constantly to purify the oceans to guard the vortexes and the portals and the crystals of Atlantis.

They love you and Gaia deeply, they are here to support Gaia. They are a part of your soul consciousness because these are the Sirians and the Pleiadians incarnated in Dolphin embodiments. So as you can see the animal kingdom is far ahead of you and they are showing the way to you. It is time that all of you realize how important they are, that they are not just pets and animals that are lower than you or behind in evolution, because they have more awareness about everything that is unfolding than you are. This due to the fact that they have a close connection to Gaia and all the elements.

The fairies are here as well, they are present at this time and they are making their presences more known at this time. Every day they are coming more forward and making themselves known to people in dreams but also in realities. They are trying to access your consciousness at this time because it is time to connect again with this new 5 D world and this new beautiful Light world you are accessing at this time. It is time to make a connection with them and they will search for a way to find this connection with you. They are the ones who will take the first step and make a connection with you, so be blessed because they are truly wonderful beings.

All the animal kingdoms and elementals, fairies, all what you call fantasy which is in fact reality, are now coming to you all by arising into your beautiful world. Embrace this and embrace yourself for you deserve this. Enjoy this new connection for it is the most beautiful one you can have. You are all so blessed, we are all so blessed that it is time to reconnect because we have all been waiting so eagerly for this, so does the animal kingdom for they have suffered enough. It is time to shift this consciousness into love and cooperation with the animals because this is why they are here. They all are awaiting you eagerly.

**Thank you Saint Germain**



**Master Saint Germain speaks of Liquid Gold Blood.**

Greetings to all, Beloved fellow Master Beings on this Earth. It is a pleasure to speak with you all again in this Now time on your Earth. How much you have been progressing and shifting these days is about to become tangible at plain sight for there is a tremendous amount of lower layers and lower energy fields leaving as we speak. This is because of the strong continuous influx and expansion of Light in your hearts and fields.

Now, what I wish to speak about today is about your blood and your veins changing into other forms, other frequencies and a different composition. It has been a Master piece to develop such knowing and to execute this within a Human form, yet it is possible and I tell you as it is.

As you are graduating from these inner changes and start to experience the human body transformation into another form and way of Being, all of your cellular structures and organs are going through a change of transformation. Even your brain and your heart are changing at this time and you could even start to see some signals arising in your reality concerning the atomic pulses and beatings at a whole different vibrational pace. This is because your organs are starting to vibrate and resonate along with your inter Dimensional consciousness that you have been building up so efficiently.

Your inner body network is being rewired and some pieces may be twitched and broken off so that new information can come through and birth new systems and channels in your inner network. This all to allow the physical body to gradually shift along with your inner consciousness and to realize these inner changes on your planetary/body reality.

So what about this Liquid Gold that we have been speaking of before? As the brain, the organs and the heart change, the same happens with your veins and blood. Your organs will contain more Light and thus will need to be fed with a higher content of Light instead of denser nutrition. This means that your organs, cells, body and heart will start to resonate more with light nutrition instead of the current one.

Even the blood will then come to change its atomic structure of existence to meet the need for nurturing a higher light content to every part of your body. All is changing to more light as all is gradually holding more light. This is where the part comes in of blood becoming a structure of Liquid Gold. It comes down to vibrational waves of energy as to where the structure is one of fluid consciousness of Light.

Now, understand dear ones, that this is not something to be done overnight or just by anyone. This is a pure Alchemical process that I share with you so you can become aware of its existence and its possibility as it was my own to create such belief of its possibility. And so I have done and experienced the natural sense of Bliss while elevating myself into a higher awareness of my body's transformation and Alchemical process. It was all done very consciously and I had to train and work for years on this process for it to become my most natural transition.

So understand that this is a pure Alchemical Mastery level and process that is available for all yet it is not possible for everyone at this time. Yet, I say to you that much is afoot and ahead in your time and so the opportunity of this process lingers in the corner of this newly awakened reality within oneself. It is you, yourself that must work towards this and it is a profound level of awakening, self work, self Love and embodying the Christ Self as a full Presence. Liquid Gold blood is the realization and embodiment of your Christed Oversoul to be one with every part and cell of your Being and this on a Multiversal level.

There are to some extent a few pertaining to a group consciousness that have been receiving some slight initiations to this Alchemical process but then to that extent that the blood is ready to merge slightly with Gold particles of Light. You must not forget that your bodies are of a dense manifestation and that you are reversing the manifestation process you have directed and created before birth. It is as you see yourselves.

So now that your thoughts are illuminating and shifting towards other knowledge and inner insights, you shift your body along with your inner views about yourself as a Being. As you become more and more aware that your bodies are not you, but rather being a manifestation of you, you can start to shift that view into another form and manifestation. Yet one needs to become aware of its God infinite Self first, so that this clarity is not only a view but a True knowing.

Be Masters, Beloveds! Be the ones you have been waiting for as now is the time to step into your roles as Master Beings of Light. Unfold yourselves and you will be in awe of your powers within

for these are as grand as the Universal force of creation.

Bless your hearts.

I AM that I AM  
Master Saint Germain

**Saint Germain speaks of Master consciousness.**

Greetings to you all and be Blessed my Dear ones,

As time has been progressing into the current state of Humanity, your world affairs are slightly shifting into a new awareness that has been seeded for thousands of years. It is the Collective that is taking on new forms of consciousness and is stepping into new gears of creations. As the Master beings, such as yourselves, are creating the new Earth templates with your 'Flesh and Bone' bodies where your Master consciousness dwells in, a great movement for Humanity on the whole is ahead and occurring as we speak.

Although this all goes through various phases and levels of integrations, Humanity is facing the old debts of duality that are being played out as we speak. As you leave this old understanding of drama and chaos behind, the new Earthly Templates are being implemented by all of you Gate Keepers and Master Beings.

It is not to focus on the drama, and the extensions of karma and release as these New Earth Templates are birthing and growing into the pillars of this new foundation where only Love is the vibrational tone and setting of this reality. It is to focus on the Divine Templates and Christ codes of your own Being, so that you anchor the peace you understand and experience within. This in order for peace to be anchored and manifested on Earth as well as for the collective consciousness to shift into gears of peace, respect and understanding that all are equal in their own Divinity.

As the power of mankind is changing into the refined resources of your own Divine potential and abilities, you all come to the understanding, step by step, of what it is to be a Master in incarnation. Many presume that being a Master is being above another or to be the ONE many await to come down and change it all for you. I tell you this is not so, my dear ones.

You are those Masters we have been speaking of as we are incarnated in each and everyone of you through your own uniqueness and blueprint, for you have all come from those planes we call the Adam Kadmon as you participated in the birthing of all of our beings into all these beings that exist in the Now. Therefore you are one of those and one of us.

You see, it is not hard to comprehend that you are a Master being of Light when you simply allow to accept this in the heart. Truly find and see us in everyone of you for we are with you through the heart. We have been here for so long, only has it taken Humanity up until now to truly start to understand that we, whom you call the Masters, have been dwelling within you all along.

It has been prophesied that we shall return, and the return is now. It is happening now through each and everyone's own precious heart. It is that which we call Self Mastery as you literally integrate the Master energies into the Core of this being on Earth. So see yourselves, each and everyone of you, as true Masters who carry the parts of our consciousness and who know that someday you will come to meet yourself in plain sight. When you do, you will come to understand what we have been given you for so long.

My flame of Love for Humanity is eternal and it shall always stay that way for you as we all restore this human Earthly plane into another state of consciousness, as we all are a part of this unfolding as One.

My Love and Grace is with you,  
I AM that I AM  
Saint Germain

### **Saint Germain speaks about Relationships.**

Greetings, I AM Saint Germain

Let us speak about relationships. Ah yes, the eternal fairy-tale and a mystery for many to understand. Allow me to share about relationships from my knowledge on this, as I have experienced many upon your Earthly shores in the past present.

There are various ways and levels of relationships and different types of relationships you all go through in order to, at the end of the day, reach the understanding and the knowing that all you have been doing is actually having a relationship with yourself.

You see, relationships are here to share beautiful moments and less beautiful moments as well

with each other, and to reflect upon one another who you are and what you are made of: pure  
Love!

So another you, in the form of another physical expression or person, comes into your life and you decide to enter into a relationship that is based on various ways of expressing this and of sharing this with one another. So you have relationships based on friendship as to where there is no romance in life but a deep and profound connection based on respect, acknowledgment and recognition of the expression and personality one is. Friends do mirror energy signatures of your being of what is going on in your inner planes and support one another in that same resonance. So you find that you attract friends into your life that will go through the same deal, that share the same thoughts and interests, to some degree if not all and so friends may support that which is actually been going on inside of you and they enhance everything. Hence that those energies on your inner plane that needs to be transcended and letting go of is being enhanced as well than, as you support one another's resonance and thus share and enhance that what actually is being asked from you to let go of.

Than you have the relationships in romance and deep Love, the one in a million kind of relationship you never believed could come to pass. These are the actual mirror relationships that show you where you stand in life and in your evolution as you attract what you are in an awakened state. Ah yes, now we get to the point of the real deal. Let us speak more of this holographic reality of mirrors.

Often romantic involvements that are of the deep kind and nature, as to the one in a million feeling, are deeply soul connected. You can be sure that when such a feeling is shared, accompanied with a deep recognition in one another, that you have shared past lives together. Now, that may be in various ways and forms, not always is this in a romantic involvement, but the knowing of each other is very palpable. You can be soul mates, twin souls or even Twin Flames. Each level of connection has its own depth, energy signature and function.

In such relationship involvements, the souls have decided to reconnect in this lifetime and to play a role in each other's evolution and Ascension process. It can go from supporting the growth in strength and love, to the assistance of releasing karma. This goes through mirroring and seducing that what lingers inside of you at that particular time, to come out and play or to be experienced by you in order to transcend this and to see it is a part of you in the first place.

So whatever role is taken upon you and by the other half of your relationship, it is all a part of this holographic reality you both agreed to create in order for you both to experience what Love is on the various levels that are possible. It is in Divine order to get you to that knowing that you are

Love, and to embrace yourself with that Love. So that is why relationships are here in the first place, to teach you who you are and to bring you back to that natural sense of what Love truly is.

It is so that when one yearns for a relationship, one yearns for oneself in truth for there is a feeling of missing something in oneself.. Although that is what one erroneously believes to be true, for on the other hand it is actually already within you and always has been. So you send out the request to be reminded of that particular knowing, this through experience and that is where relationships are best for. The perfect mirror with the perfect person on that moment and in resonance with each other.

Relationships can be beautiful to share and to experience, especially when the bond is soul connected and deeply related to one another as to where you can start to experience yourself in another form. When both are awakened, in resonance and start to understand, grasp and see that the other one is simply another form and expression of the Self there is so much to be seen in yourself through the other. You can start to consciously play and experience the varieties of yourself and the different levels of Love and mergings as well as powerful co-creations. It is as it were a profound change and a reawakening to your own higher level of being that is embraced by you.

At one point you might come to that crucial moment where you realise and feel that you actually do not need any relationship anymore when it comes to pointing out what you still need to see, as you start to live more in yourself ~ the expanded state of yourself. The feeling of being complete within yourself is the result of the merging with your Divine Masculine and Divine Feminine, which is the Twin Flame reunion. You have a relationship with yourself through being Love. You go within and face what you need to see and to shift which is possible as you embrace and acknowledge that fact.

Nevertheless a need for companionship is what might still linger within you, so you send out to the Universe what kind of relationship you need or seek and it will be presented to you on a plate by the Universe as a result of your own creation. Mankind has been feeling alone and separated for far too long to just simply jump into that sudden point of being and feeling complete within itself. Although it is where you all are getting to in due time when you are ready and willing for this.

When being in a state of knowing that in fact all is already within you and that your companion is another expression of you on various levels, you can share, create and have wondrous moments in resonance where much creation, inspiration and Love will flow from that relationship as to where respect and freedom is pivotal. It is lingering in a sense and an awareness of the power of co-



creation when you unite as one Source and bundle your energies. When all is vibrating in Love from the heart, anything is truly possible and this type of relationship is what marks the new world of being and living. In the new world, relationships, if any, are based on resonance and co-creation instead of being based on mirroring of karma and the sense of lacking something.

My friends, have a good one if you choose to participate in this hologram of relationships but always keep in mind that it is yourself that you are dating in a way. How does that knowing feel to you all? Marvelous isn't it? If you had come to that understanding sooner, would you have journeyed in relationships anyway?! I most certainly would, as relationships are a world on their own that is truly a Mastery and school on itself. They are the best teachers but this too will eventually be transcended at a certain time and on a certain level. All in due time as Mastery is a whole creation and process on its own, that also needs to be done step by step in order to get you to that point of enlightenment.

Blessings upon all of you from my heart in eternity  
I AM Saint Germain



(pic by Méline at Cornwall ~ Merlin Cave 2014)

### **Master Saint Germain ~ The Many chapters of your evolution: Chapter Liberation**

I Am Saint Germain and I wish to speak to you about the many volumes that display your course of life and your evolution, leading up to Ascension. You can easily compare your course of life and your evolution to a book which consists of many volumes and chapters, one even heavier than the other. Humanity in general has now arrived at the chapter entitled 'Liberation'. Everything builds around this theme and consists of many phases that all lead you to this state of liberation, a fact that is now taking place. Everything clears itself and dissolves to make way for the gigantic worldly and personal liberation.

The accumulation of negative thoughts and of negativity in general occur in "snapshots" and in phases to then leave your fields afterwards, giving you the impression of being pressured.

It is tiresome and it can give you a feeling of being fed up with it all, you feel disenchanted and you wonder why the same things happen over and over again, you wonder how negativity can still be incurred. I can inform you that it is not always the case of negativity being incurred as you only attract what you emit in thoughts and deeds. You are all working very hard with the Light and are evolving into higher and higher Lightbeings. So this is not a matter of incurring more negativity but rather of letting it rise up from your self through your self in order to, once and for all, leave your fields definitely.

In most cases it is a matter of personally accrued negativity which was hidden deep inside yourselves that wishes to leave your fields. But on the other hand there is also collectively accrued negativity that passes through your fields on its way out and that's the reason why this clearing feels as an unending process as new forms of negativity can come up depending not only on the choices humanity makes but also on the astral world which dwells around you in the form of the 4th dimension. Despite all that you now have begun the phase of the definite clean-up, make no mistake about that. So be grateful and welcome it, it will liberate you and your Mother Earth, and this has to happen one way or the other. The elimination goes in phases and that's the reason why you all, at regular intervals, are feeling and experiencing this clearing process.

You almost have reached the end of it, my beloved ones, and from now on you will continue to work more on your Ascension process with increased positive feelings and thoughts, that is, the negativity will no longer be of a lasting nature. So focus on positive issues in your personal lives and enjoy the fun moments; do the things you love to do that bring a smile on your face and a magical feeling in your heart. Love, love, love! Love everything around you, love your brothers and sisters, love your life, love your incarnation, love your heart, love your feelings, love your thoughts. In a nutshell love all what you can love and focus on seeing everything around you through rose colored glasses. Love is all there is, Love is all you need. You already know that all too well by now and you are putting that knowing to good use. Keep on doing that, this world can use all the Love that you can give and than some more as Love is always abundantly present. Just Love all, the way that I love you, it is of enormous proportions!

I can assure you that some projects are now coming to the front and more specifically I refer to Nesara and Disclosure. Even as they are connected in a way they are also very different. We work arduously on both of them to get them announced and applied worldwide and we have now reached a milestone in these matters. They have often been stopped in their tracks resulting in unrest and delays but now we are steadfast on our way and they will emerge triumphantly.

Together with Lady Master Nada I work diligently at the Nesara project in order to round up the finishing touches which will result in its introduction into your world. Nesara is on its way and almost complete, it only needs some more time to get it introduced the easy way, and since the greatest negativity and the darkest individuals are now removed from your world we are more at liberty to bring this forward. Have faith, it will come to pass as will Disclosure. Do not forget that Disclosure implies more a personal unveiling of issues that have heretofore always remained a secret for you. You determine what will be revealed on the basis of your own creations. I have discussed this in a previous channeling of mine.

Let me say to you, my beloved ones, that I heartily wish to guide you in this chapter about your liberation, as it is my personal task and assistance that I am most pleased to grant you. I do this wholeheartedly as I love humanity deeply. I have had many incarnations on your Earthly plane and I really enjoy meeting with you to share my wisdom and experiences with all of you. I am not out of your reach and remain at your service for ALL of you. So don't hesitate to call me whenever you are in need of my almighty violet flame, which is at your disposal to use as you see fit. I myself am also at your disposal as the Master of the Age of Aquarius, as the Master of numerous other tests I've completely passed. Now it is your turn to reach the same level and that's why I am here with you and for you to help ascend everyone, including Mother Earth, to a higher state of being. My I Am That I Am greets you and sends you much heartwarming love.

Saint Germain

### **Saint Germain speaks about Ascension**

Greetings my dear friends,

Please do know that Ascension is not an event that is happening on a certain day or a specific date, like for example a birthday party that is taking place on a certain date and that if you are too late on this party that you cannot participate in its joy of the moment, or that if it is even possible to be too late for it.

Ascension is not an event that can be postponed or something that could not go through, for it is an ongoing process that takes place every single day, every single second of your existence. It is your cells, your being, your every now moment of change and integration, realization, growth, insights.

Ascension is taking place within you every now moment of your existence, it is in laughter, it is in joy, it is in bliss, it is in love, it is in meditation, participation in love, it is Self Love, acceptance, allowance, inner knowing, wisdom, freedom, expansion, it is all of the beauty within you reflected on the outside of the world. It is the knowing of, and the realization that you ARE GOD, that you are Divine, that you are consciousness, that you are All That Is. It is the embracing of all of your multifaceted features and the being that you are in the now and in all of your existence.

Ascension is liberty, respect, your inner temple and sun into this being. It is all that you have dreamed of and yearned for and it is YOU. So as YOU are every day, every now moment in this existence, as you ARE existence and consciousness... it is YOU that you yearn for from the heart and so that makes your Ascension in its entire being. BE your Ascension by Being, and Ascension will be every now moment. It will never be too late nor will it ever be postponed nor canceled for it is always YOU as YOU are infinite and existing. If you see that Ascension is you, you are already free.

Free yourself from the slavery of thoughts and limitations that you have set for yourself and there you will meet your Ascension and come to the realization that you have always been ascending, every single now moment. You want it too fast, you want it tangible with proof; it is an outside affirmation which on the same token you affirm to be outside of yourself for you search it not within you. How can we prove something to be, if everything you seek for to be already IS?! It is already in you and it is you! How must we prove this to Be if it is you and you are a living being of consciousness!?! Does that not prove enough my friends?! That you exist and that if you exist, Ascension exists.

Do not let yourself be distracted by the waiting position of others to come and do it for you. There is no such thing my friends. There is only being and everything else that comes not from being is distraction, is separation and is learning through fractals and experience, which is action and separation. Action is splitting the core into a fractal to experience the flow of this action, which we call an expression and experience. Which is fine, of course. It is there to teach you and to bring you back to where you came from in the first place.

My friends, allow the core of your being to be that what it is you seek. Give it your love and the attention you need, for it is all in there and no place else. All the beauty on Earth and the outside reality are wonderful teachers and provide experiences.

Enjoy those but do not get entrapped in them or you become those. See through the mirror of yourself what it is that makes you the one that you are in the now, what it is that you are so eagerly searching for and the answer will lead you the way to the point where you need to start over in a whole other way, to look at it from a different perspective. Learn and teach, know and BE.

We are in the midst of Ascension and it is an ongoing flow, not a one day event of such sorts. It is the flow of your growth and Being so allow, sit back on your own ride and trust your inner Self wholeheartedly. You grow every day and this is what makes Ascension so tangible in your reality. No one can do it for you as you are the ONLY one who can instigate and lead your own Ascension process.

It is my heartfelt desire to once again stress the fact that it is about Self mastery of the you within you and that it is those who you call us, the Ascended Masters, Galactic family, Archangels and so on, that will assist in what you bring forth and create from within: from the being that you are. As without your own beingness and creation there is no change or assistance to be done from our part in the Heavenly realms. It is you that bring the changes from within through being and it is us that assist you in the realization of what you bring forth.

You can see it as a Magical spell that you bring forth after mastering and learning your Magician skills, and it is us sprinkling the magical dust to make it happen even stronger after you spoke your spell. The magical dust can be compared to all of the portal activations, sun template activations, cosmic light and encodings, Solar Flares, cosmic events through alignments and shifting, all orchestrated with us/ by us and by the Source of All that Is. Change is within you as it starts from you and from nowhere else. Do not sit and wait for events to take place and take matters into your own hands by being the Master that you ARE.

Quantum consciousness is a major key in this all and it is ready for those who have achieved a certain level of Self mastery, which implies a certain consciousness and a knowingness of "Is-ness". There can only be "delays", "cancellations" or whatever you wish to name it by creating this yourself through taking this for your reality. When you feel that Ascension is not happening, it means that you do not see it within yourself and so you do not sense this and certainly do not see it reflected in your outer reality.

Look more into that area of yourself and think about it; is it truly another outside Source that is stopping YOUR ascension process? Let us leave it with these last words, it will be an already enough hectic ride for many and my heartfelt Love and compassion for you all is what I wish to convey to you all, for it is out of tremendous Love that I bring this message to you. I wish for you to see this now and to look deeper within you.

My Love, Grace and infinite compassion, Saint Germain

### **Saint Germain speaks about Shifts within shifts.**

Greetings my dearly beloved friends, this is Saint Germain coming through. With pride and with so much love for your Being I step forward with the most loving and best intentions to hearten all of you and to encourage you so that you can brace yourselves for the present very challenging moments and processes that are now in front of you.

Nearly a year has passed in your Earthly time with regards to the evolution of the Global Ascension since the milestone of the December alignment in 2012. Can you see how fast this time has elapsed? A day seems like a week in earthly timing; it is just that fast that everything evolves in your reality. Furthermore you comprehend equally fast what is going on in your Earthly reality with the best possibilities at your disposal.

My dearest friends, my brothers and sisters, I am truly pleased with your progression that you all attain in your own personal living conditions and in the heart of your Being. We are now entering a time of much turbulence where you will be shaken to your very core, as a figure of speech, but nonetheless that's how it will feel. I sense the pains, the emotions, the stumbling blocks and the blockades raging inside of you like a whirlwind that leaves nothing untouched in your inner world nor in your outer world.

Allow me to delve deeper into this subject and to give you some clarity as to the meaning of it all and to show you the direction you have all taken. As a collective unit you have chosen to perform a thorough and all-embracing cleansing because the Earthly domains were still dwelling in a rather impure state, still harboring karmic energies within the world of the Lightworkers as well as in the collective unit in the lower dualistic domains. This desire for a thorough and intense cleansing and clearance is your creation and has therefore become a Divine Plan to assist you and Gaia even more in the breaking out of the very last dualistic shapes and dito vibrations.

I am going to delve deeper especially in the fact that the collective unit of humanity is still too

clinging to the truth as provided by the alter ego and to the corresponding emotions. It is a whirlwind of confrontations and a clearing of them that comes your way in the guise of an opportunity to truly see this within yourself, to truly accept it as a part of yourself and to completely reverse it to the Divine Self of the Light through this process. The afore-mentioned “Divine Self of the Light” is your Divine Self that always communicates through the heart.

Whenever someone communicates through the heart to no matter who, including the Self, it will be done in an unconditional and most respectable way. No distinction is made between right or wrong, between good or evil. Everything is a form of expression and is a perception which is absolutely respected and accepted for its own essence.

View this tough phase in which you now find yourselves as an enormous gift and as an opportunity to get everything pertaining to yourself in a balanced state and to embrace everything in the love that you are. In order to gain a balanced state you have to accept yourself completely including all parts of your essence no matter how dark some part of yourself may be : it is all you!! I would really like to stress this fact because you so often think that the ego and the dark aspects of your being have to be eliminated. However, in truth it is way better to accept them unconditionally as a part of yourself. Doing so you can restore your balanced state and hence you can function as a balanced polarity, reflecting the zero point or the neutrality.

The solar eclipse has everything to do with this : it gives an extra impulse pushing you to your own inner self whether you want to or not. You are led to face the facts on what you are involved in and on what should be your focus. Trivialities turn into really unbearable situations enticing you to just give up; it really looks like you are not spared from the harsh lessons of life. My dear friends, nothing is too hard or too heavy for you to bear because you just attract exactly that which you can cope with, nothing more and nothing less... in all cases it is always exactly what you need to lead you where you ought to be : everything is created from your I AM Presence.

Do not forget that your I AM Presence is presently in the process of descending into your reality and into your embodiment. Therefore, nothing impure may remain in you lest your I AM Presence cannot fully descent. The supremacy of the alter ego can no longer take the lead in this process of merging with your essential I. So look at this tough time as a blessing and as a gift to discard everything that is no longer needed. It is no longer a question of willing but of having to discard and release. The time of the reign of the alter ego is over and done with, it's that simple.

The incoming energies are going to strengthen everything and are helping you to shift to the degree in which you want to be. It is a shift within a shift within a shift. That's why a breather was granted during the months of September and October in order to prepare you mentally for this. It



is the big event now unfolding within your reality : I am referring to the descent of your I AM Presence and the exile of your alter ego; I am also referring to the cutting of all the strings that still keep you attached to the duality and to the old familiar ways of being. Release all limitations, all contracts and your ego and Be from your heart.

Have faith, release, care for each other, love one another, relax, breathe deeply in and out, ground yourself, keep your focus and your positive intentions, accept, be unconditionally open for everything that comes your way, do not judge but rather go with the flow without any convictions, with no expectations, with no delineations. Just be as an observer from a neutral point of view and remain quiet in your own cocoon which will lead you through all the upheavals or the possible chaos to a place of safety and comfort. The less you struggle the smoother it will all unfold. Remember that there is NO separation; everything you conceive of as separation will disconnect you with Reality.

As a human being you are inclined to think too much, you search for reasons behind everything that happens, you want to be accepted, acknowledged and convinced, you have your beliefs. My dear friends, dare to BE and to KNOW. Communication and change happen first from within, a fact that you have understood, seen and comprehended by now. That's the reason for the great cleansing for all of humanity which will leave nobody unaffected as everybody, literally every living organism, will be affected for there is no other way to arrive at where you want to be and that is "home". Your home, your BEING, your heart. That is where it all lies and that is what you are!

This communication that I share with all of you comes straight from my heart, my Being, my energy. It is my purpose to be clear, without mincing, for you are entitled to clarity and to guidance. You are all in my heart, unconditionally and without any reservations! I ask of you to call on me or on the Ascended Masters whenever things get too tough, we will assist you out of the unconditional love we feel for you. It is you who have to do the work but with a helping hand by clarifying your heart intentions and calling on us you will go further in a supportive and easier way than by being stubborn and by struggling with yourself.

Do not be too proud to ask for help to no matter who, for it is very important to be there for each other in these most trying of times.

You are going through this as a collective unit and whenever you help and assist another in his/her quest you help yourself in the heart. Be well, Masters of Ascension, I feel absolutely blessed with such brothers and sisters; I admire your tenacity and your tolerance, your understanding and

your love for each other for let me tell you that you have chosen this process because of the love you feel for each other and for yourself. Everybody wants to see each living soul evolve in his/her Ascension process and that's why you made the choice to arrive at a collective change and ditto enlightenment. You are all wondrous Masters and it truly is an honour to cooperate with all of you.

In Light and Love. I AM Saint Germain

### **Saint Germain speaks about Separation and Duality.**

Greetings, in the most exuberant energies I embrace all of you in this joyful timeframe of the Now.

As is always the case, every Now moment contains an enormously intense frequency of opportunities which will make itself known in your "disillusionment process" also referred to as the Awakening. Afore-mentioned opportunities contain enclosed nooks with intentions and creations which one can continue to bring onto this world in order to gradually further the process of disillusionment and, by the same token, to create a more genuine Reality.

All too often one still fails to grasp the patterns which would impart inspirations that could move you ahead in your evolutionary process and in your awakening. Instead one is rather inclined to disregard and divert them away from you because every difficult process is linked to a certain amount of pain or seen as painful. You never have been told or requested to make all of your transformational processes hard or to every time go through a tough time in your reality and experiences. This is only due to your own perceptions and your creations which make your life so hard to bear at times.

Illusion and duality are both a very strong energy that can thwart your ability to change, to renew and to evolve. You cannot evolve when you do not work through that illusion/that duality and bring change specifically to those energies pertaining to them. All density is now in the process of shifting into a formless energy which contains more light and as such becomes a more fluid substance. Energy can take on every form and can settle itself in a specific thought pattern and a specific thought form.

Illusion is a direct result of the thinking and knowing of the ego self that is convinced that something is as it is whereas the Reality is the heartfrequency which can measure itself against the unconditional, being at one with All That Is. Everything just is and nothing else. Energy is everything and everything is energy. You yourself are made of the exact same energy for you are

an energy source which has taken on a lower frequency in order to be able to experience and to reflect density.

Now we have arrived at an era where Truth and Reality will take precedence over illusion and density.

The blocking game of separation and the legalisation of rules and the overall controlling of you are all over and done with and they will meet their demise under the pressure of their own rules of power which are also applicable to their own regulations. The separation and her inherent duality will also systematically come under a lot of strain on a daily and even an hourly basis because the matrix pertaining to this separation and this duality has just lost her frequency zone and vibrates in a lesser capacity with reference to the new energies and the creations of humanity. It cannot escape the higher frequencies which are taking it into their energies, for everything is one.

The thought forms of humanity are smashed to smithereens now because one can notice that no single thought form can leave its field unaffected. Everything that is sent out as a thought will be transposed immediately as it were into the reality of its own frequency zone, which vibrates in harmony with the self image and the belief of that thought. Furthermore, everything that is sent out as a thought will become your reality, a fact that will bring many of you in dire positions and in utter disbelief combined with a feeling of defeat whereafter one is likely to stagnate.

There is no more room for self pity, no longer time to preserve the belief in doom or gloom nor can you any longer be a victim of circumstances. The time has now come to fully realise and accept that everything is a creation of your Self, and this on a personal as well as on a collective level. No more room is left for trials and investigations my friends, there is only the NOW and the dwelling in every Now moment of your Being and giving yourself the gift of flowing along in the current of Life and of Being in full surrender and in complete trust.

Nothing is as powerful and as liberating as the notion of how you can be yourself in the fullness of your glory, of your love, for this truly is all that you are supposed to be. And how do you find that out my dear friends?

Ah, allow me to clarify that for you in this most precious of times. Not! You do not find it out, you are it and you only need to be it. Be the glory, be the freedom, be your own expansion, be your inner serenity... dwell in a constant state of Being where everything that surrounds you doesn't influence you, doesn't disturb you, isn't connected to you but a place where you are everything and everybody on the spot. This is the power of creation and of manifestation!

My dearest friends, never would I allow you to get caught in the illusion, in the duality but sometimes a Master must let his chohans/friends seek out their own answers because this contributes to their own life lessons and gives them the opportunity to surpass them. Nothing is given freely into your hands for finding your own answers is precisely the challenge of this life and is the way out of this duality, by your own creations and by the personal process of selfdiscovery, exploration, growth, unity and love.

Leave all forms of separation and the classification of things far behind you now and learn to enjoy every Now moment on your wonderful world. Learn from the events in your life and always get the best out of them. Do not seek answers behind everything that will come up, leave the thinking through your brain for what it is and learn to live by your feeling nature, by inspiration and by simply being without any explanation whatsoever, without needing further information. Information can be disorienting because it gets you out of your own center through activating once more the human thinking processes.

Learn to manifest yourself based on unconditional love in which the frequency of the light has an unidentified quality that can only be felt through the heart and through your essence. There are no levels, no separations, no denominations, no disturbances, no multidimensional descriptions, no parts ... everything just is! The human concepts are now dissolving and disappearing and that in itself is an integral part of the transcendence of your current personal old reality. Gradually you will begin to feel how you are soaring through the impulse of your Being and various other realities will begin to merge with yours, as you will constantly be dwelling in different multidimensional aspects of your Being.

Enjoy the upcoming closing energies of the autumn equinox; believe you me, this portal will reach tremendous goals, once again we have made a quantum leap in this whole process. At present, a certain number of issues are clearing themselves out on your world, nothing to worry about though as everything is just as it is supposed to be. More and more, many of you will reach more refined energies which are no longer manageable for others who are standing reluctantly at the gate.

Even that will shift in due time as even on the inbetween world the pressure is mounting because of the timelines merging into one timeline whereby they loose their power of discord increasingly.

Profound choices will have to be made now which will not always be the most easy ones but rather the most important ones as this is a very productive and fertile time to evolve onto that

unity and refinement.

Respectfully and with all my love for your Being, I Am Saint Germain.

I AM That I AM



**Saint Germain ~ The Vortex of the Merkabah formation and the integration of your Divine Consciousness.**

Greetings my dearest ones. From the bottom of my heart I embrace you all with my Presence and my energy of Love. I am here to bring an announcement into the depths of your hearts. Prepare yourselves as the intensity commences as soon as we can call it “now”.

Everything is ready to move on to the next level of consciousness and integration. This step has been taken a long time ago on an etheric level but is now followed by the actual big step for you all into a higher level of consciousness and integration of the next new energies and degrees of the multidimensional aspects that you are and perceive. Those new integrations enable your consciousness to move on into a higher state of Being where your knowledge will enrich itself with the numerous multidimensional aspects that you represent and uphold.

With each new integration of a multidimensional aspect of yourself, there will be some shifts in your personal parallel world requiring the need for a greater surrender and trust in yourself and in the Divine. It is essentially important that complete surrender and trust in the Divine AND in yourself becomes factual as you are finding yourselves in a stream of energies which will take on an increased pace and speed than was originally the case.

The time of the integration of the old energies and of the last new energies are as good as done, opening the way for the next new and even more refined energies which are waiting in the wings for all of you to assimilate in your consciousness and in your state of evolution. Are you ready for this, my dearest ones? You'd better be as this will again imply a very intense wave and an affluence of energies which will not leave your parallel world and Being unaffected. Prepare yourselves for the most intense rides ever to occur in the history of the world and of your whole Being!

Integrate all the energies that your body canalizes on Earth in the best possible and personal way. Those energies are being brought to you from the Cosmos to various souls on Earth, in different manifestations on Earth, in an as comfortable and intense way as possible because everything that is being canalized by your Being has its own means of transport on Earth namely your physical aspect in consciousness : your physical body. Be kind to yourself while dwelling on Earth, there is a lot to cope with and to integrate at this moment and everything that you allow to canalize through your body and your Being will be of enormous proportions to the Light.

Increasingly pure Love as an essence will flow through your hearts to the earthly incarnations of all of you in a progressively deeper and intenser way. The mix of energies changes each time and its composition becomes ever so bright of light and pure of essence : or more specifically, unconditional Love. The more you all integrate and shift in your consciousness while incarnated, the more you shift into a more light temple while incarnated and the more you will be able to canalize the essence and purity of Love through your earthly temple and Being. I tell you, this is wonderful, beyond words!

The upcoming Merkabah formation is something I would like to give my perspective on as it implies a rather serious marker in this whole evolution of the planet Earth and Her density. What the Merkabah represents is merely a portal into a new Dimension of Being. By the specific positions of those planets around the Earth you will function as the centerpoint of this whole Ascension process.

My dearest ones, by this I mean that at that specific moment you will be, for this one time, the centerpoint of the entire cosmos as it were, to where all Divine energies, all the energies of the Light and all the attention of all in existence will be drawn in order to be able to function as a future sun and star.

This creation is always coupled with intense creations for which of course a high degree of

consciousness is required, for which a great number of shifts and adjustments are needed and especially for which a great number of cleansings have to take place. This is all unfolding now on Earth and within yourselves. From the perspective of Earth this all does not seem to imply big shifts but from a more etheric perspective it surely is a most intense shift my beloved friends, believe me! You will truly perceive and experience this personally the more you are attuned to this higher etheric world. However, give it time, the process evolves speedily enough, you can take my word on that.

When during this Merkabah formation you function as the centerpoint and the center of your consciousness (your consciousness contains the whole of the cosmos, making you the centerpoint of the cosmos at that time) you will each and everyone take on the duties to canalize all these energies in the best possible way to assist the Earth in Her consciousness and to create this flower formation of life in the form of a grid. Each of you in their own right will function as a leader carrying his/her own responsibility to assist in all of this and to cooperate in the forming of your Being in your consciousness on Earth and on your parallel reality in which you dwell. You are now busy actualising your Divine consciousness and your Christed embodiment on Earth and in your reality.

Your consciousness has evolved to such a degree or is still in the process of evolving to such a multidimensional aspect of your Being that serves from the highest integration that you are. This implies, my beloved friends, that everything that you truly ARE now comes into your consciousness where it greets you and joins with you on such a level and in such a way that everything that you know, everything that you are in density and everything that you have created thus far (the old) will no longer be important and will no longer manifest in your reality. What remains is everything that you Are as seen from the highest point of your Being, your pure essence and that will lead you now to what you are, what you shape and create in your reality of the parallel Dimensions. By all means, congratulations are in order!! You have just reached a quantum jump in time where everything of the old in reality is no more and everything evolves as it should!

We are now approaching an acceleration surpassing the speed of Light and there's no stopping that. You have now reached in full glory the most magnificent energies ever, a fact that can no longer be denied by anyone because everything and everyone that does not want to shape or be this will no longer dwell on this frequency but will only dwell on their frequency.

The Merkabah formation will shape what is to be shaped from a higher, more refined stance and essence and nothing will be able to stop these intense energies because it is a formation and creation of all of you, being pure, high energy of the light as essence. This Merkabah formation is

a portal of Ascension arising from the massive integrations and the formations of the hearts of countless lightworkers and souls on Earth. You have created this portal/vortex/bridge/milestone/shift/manifestation from the depths of your hearts. I therefore express my heartfelt and cordial congratulations and my gratitude for a beautiful job well done.

Take everything as it unfolds on your world and do not be discouraged by the way that you still take on specific issues as you are still somewhat enclined to do it in a dualistic way, more specifically, with expectations and linear thinking. These can still be prevalent and trigger your heart feelings to doubts or discouragement. That is your ego dissolving and being mixed with your new and refined Being, of which the heart is a greater part and the ego is the little part of your Being. This will shift that way, constantly being worked on until your Being and your heart are One and the ego is no more. BUT it is a work in progress meaning you will have to work on it constantly. As they say, there is no such thing as a free lunch ; if you want to succeed you have to do your part.

With all my Love, I Am that I Am  
Saint Germain

### **Saint Germain speaks about Love and Twin Flames**

I express my deepest gratitude for this opportunity to step forward through my beloved Portia. Although the both of us are loving Twin Flames, each of your hearts is mine and Portia's also, just as both our hearts are yours. We all form one huge consciousness and one web of creation which implies that we all are part of the big Cosmic Source of Love and Being.

I feel enclined to express my energy and love today through the much talked about topics of Love and Twin Flames. The unity and the grid of Love are something so wonderful and pure of essence that they represent an exceptional creation which can take on any shapes and aspects it wants, everything is possible.

Being part of this grid, all of you with no exceptions, see to it that All That Is can shape and take the form of Its creations that it wants to experience and to BE. You are that experience, you are that shape, you are the Being in creation, you are that endless energy which takes on all sorts of forms and colours, coming from this grid of Love and Being. The most staggering shapes and essences are expressed through all of you my dear hearts. You are very exceptional !!

Love is in its most unconditional pure essence, that what Twin Flames represent : it deals with



completion of each other in the hearts of your essence. Twin Flames in and of themselves are something exceptional and special what can be shared with only 1 entity and being and that is YOURSELF. You consist of a male and female part that has been split off in 2 separate parts of yourself. Almost immediately after the birth of your soul, your essence, out of the Source of All That Is, that soul undergoes or better said you undergo a process of transformation in which all female aspects go to one extreme and the male aspects go to the other extreme. This is the splitting off and it all happens simultaneously. That's why there is often talk of the bringing in balance of the male and female aspects of your being.

All too often the female and the male aspects of your being get divided in 2 distinct shapes that can each take on a whole incarnation or different aspects in incarnation. This is all dependent on the choices you yourself have made. The more aspects there are in incarnations, the more soul mates there can be who carry an aspect of You and your Twin Flame.

[IMG](#) (visual explanation)

Hence, soul mates are not to be confounded with Twin Flames as you only have One Twin Flame and counterpart of yourself that completes and complements you. The real Twin Flame, the heart part of yourself of which you have split off being the male or the female part, is the one that you can genuinely consider as being your Twin Flame and not the aspects of you in incarnation. Aspects are part of your being, your soul group but are not per se the shape of your Twin Flame, rather the form of the twin soul or soul mate to soul family.

That is why it all goes awry in the interpretations of an aspect of your being. Everyone forms its own Being, its own aspects as everyone has a lot of aspects on a higher level and in other dimensions/other worlds. However, the pure essence of your Being is and remains the same despite all pertaining aspects thereof. You form yourself! So being an aspect of a Master for instance does not always mean that you are that Master in essence at the moment of the splitting off from the Source, although it is intrinsically a part of you. Being an aspect of a Master does not always mean that you are by definition the Twin Flame of the beloved Twin Flame of this Master ; YOU are YOU in essence and the other part of you, is your Twin Flame and that one can already be reunited in your Being or not.

Just by being the Master in incarnation, or being this through soul birth implies the fact that the other Master's other divine component is yours. There is a lot of confusion concerning these matters and I would love to rectify this now through my beloved Portia in incarnation and my Twin Flame through soul birth.

There are countless aspects of us that we overlook and that carry a little part of us all, being the Masters. That way we spread our enlightenment and our energies all over the entire world. The truth of the matter is that many are us through those aspects, that those ones carry of our Being, leading up to the fact that we form a part of the Higher Self, itself being part of the total Higher Self. All those aspects contribute to who you are in essence, bringing us back to the soul or energy that you are just nanoseconds after splitting off from the Source.

And that's the point that you choose to incarnate either in aspects and/or as the half of your Being. So the moment you get connected to your Higher Self, investigate thoroughly whether you are this in essence or just in aspect, as you have many aspects besides your essence and your Higher Self. This can explain why there is so much confusion around the topic of having the same Twin Flame. That being said, I would love to continue explaining the functions of Twin Flames in this world and this reality.

We have now arrived at a momentum where all the initiations for the reunion of the Twin Flames take place and become factual. You will remark that you are drawn more and more to others and this is because preparations are being made to bring the genuine Twin Flame hearts together to instigate effectively the reunions in this reality. The purpose and meaning of this, is to let this world shift in its totality into the Light by engulfing the whole Earth by the Love of the Twin Flame, which in essence is the most astonishingly beautiful and powerful Love ever!

The Twin Flame Love empowers everything in its existence with regards to its intrinsic Light, it engulfs everything and everyone in existence with the essence of All That Is. This power is needed now to enable the shift of this reality in its totality into a 5th, a 6th and even a 7th dimensional existence. Manifestations are now the order of the day and they will be speeded up and reinforced on account of the cooperation of the Twin hearts through their reunion and balance. That's why all of us are expected to be here now while this is unfolding.

Embrace this opportunity and always follow your heart when it strongly pushes you to choose another path. You will always be guided to be where you need to be at the exact right time. Divinity is now being played out in a beautiful and gentle way, have faith in yourself and in your intuition for the Twin Flames are now called to reunite with themselves. No matter at what level this can take place, the reunion in the heart is always a fact! The rest depends on choices and creations.

My dear ones, it was once again a privilege and a pleasure to connect with you in your heart. I love all of you.

I AM that I AM  
Saint Germain



**Saint Germain speaks about the Heartcenter and the Ego.**

Dear Ones, I impart my very best wishes and love for all of you during these intense shifts and manifestations occurring on your Earth. Much clarity and lucidity will ensue within humanity and within each of your hearts, because a lot of energies are laying the foundation for renewal and manifestation of your personal life and your Self as well as of the collective world and Being. What is crucially paramount nowadays is to continue staying in your heartcenter and even though you all are duly in the know through countless messages pointing out to that fact, it cannot be stressed enough as it is of the utmost importance to be able to cope with the upcoming energies and times with as little difficulties and emotional upheavals as possible.

What we mean by staying in your heartcenter is to ground yourself as much as possible and to feel and see yourself through your heart, to have only loving thoughts and to respond in a loving way to yourself and to others. One single negative thought, one negative word or criticism, one judgment is sufficient to pull you straight out of your heartcenter, catapulting you in your ego involvement.

Lightworkers often have the intention to stay in the heart and mean well with everyone, but it is sometimes forgotten that negative comments or thoughts such as judgments (whether it refers to a personal opinion or not) are not part of your light but belong to the ego. Do not stray off in such thoughts or situations, but respect everyone's work and energy, respect what they bring forth. Judging has a negative connotation. Rather, it's better to release everyone in his/her essence and to show respect for each heart.

This attitude is an intrinsic part of the entire process of staying in the heartcenter, operating only from your heart. There are countless attempts to try and keep you in your ego and hence it is your task and responsibility to handle and circumvent those, to go through them without responding at all and to just stay who you are in your essence which is Love.

When a heart dwells only in Love and service, it cannot be influenced as it will in essence only attract love and it will repel everything of a negative disposition. You can only attract what you are in essence, my dear ones. There are sometimes exceptions in the guise of souls who continue to stick to being manipulative, who continue sending out negativity to Loving souls. Even that is OK as it contains lessons for both parties involved and that is what it is ultimately all about. Expressed negativity will simply turn and fall back to the one that sent it out, where as a result Love will be the only thing one is wishing for and what is wished for will be accomplished in every loving context and manner.

Let's transmute the very last negativity from this beautiful Gaia and let's convert it into only Love. The time for turning the tide is now and that's why you are present here, to contribute your part and to anchor your Light. The more there are loving souls, the more joy will prevail and the more joy that prevails, the more intense the Love and the Light will become. Hold a focus these coming days to think in loving terms about someone you have issues with or who you have to forgive or receive forgiveness from, acting that way will effectuate a lot due to the current energies. Apply this principle also to the dark facets within yourself as well as within others who have treated you unlovingly for lifetimes. The time to transmute this all and to convert it into Light is here and now! Leave it all behind you and forgive everyone and everything including yourself for all the deeds, words and thoughts that were unloving.

The upcoming energies will only intensify and only the ones who have achieved Mastery over themselves will go through this and will become even stronger because of it. On the other hand, those who have not yet reached that state will be severely tested but will nevertheless receive the chance to reach Mastery and the only ingredient for success for those ones is Love and the respect from the heart.

Now is the time to leave duality and her polarity behind and all it entails, such as negativity and the ego. The time for enlightenment and for unconditional Love from the heart has arrived, the time for truth and for liberation and, most important of all, the time for your own insights and your deliverance from illusion.

With the utmost of respect and Love, I am residing within your hearts lighting up the threefold flame located there and I keep it burning with my almighty Violet Flame and my essence of Being.

I AM that I AM, Master Saint Germain, your friend and Master of the Light.

### **Saint Germain speaks about the importance of Grounding.**

Greetings my beloved brothers and sisters of the Light. Thanks to the recent eclipse we have traversed another important milestone in your current life which in itself is very wondrous and joyful. Genuine shifts and absorptions of the light do their inner work gradually but steadfastly in this reality, resulting in drastic changes in the incarnations and lifestyles of many people in a positive as well as in a less pleasurable way.

Of course, this all happens for a purpose and functionality, and that's the reason why we again stress the necessity to always stay grounded and centered. I keep on emphasizing this aspect because it is an important part of your physical incarnations. It is imperative that you become aware of the fact that you are constantly nourished from above and from below by intense energies of Light which are both having a grounding and also an uplifting effect, bringing you all to where you urgently need to go : to YOURSELF, your true nature from the heart.

Those grounding and uplifting effects and energies bring into manifestation what you deem necessary in your life's experience and also in your current reality. Everything that functions as inspiration from on High comes in manifestation and in creation thanks to this grounding. When a state of calm is reached, this is brought further thanks to the grounding. Gaia nourishes you with all the needed energies to bring inner peace as well as enlightenment. She is the heart of reality, your current reality, so everything that connects your heart to Hers, everything you yield, everything you are will become reality through the grounding process : the connection from heart to heart.

That being said about the grounding process, it is close to my heart to divulge this as well as the knowledge pertaining to this for it is of the UTMOST importance.

What I want to digress upon, is the huge progress of the collective consciousness. We are well aware of an Earthly shift from our higher dimensional stance and more specifically we can say that Gaia and all of Her Ascension pioneers are now in the process of switching over to a higher dimension, to the 6th and even the 7th dimension. What is not currently known is that there still are a lot of souls dwelling in the 4th dimension trying to hold a grip on that level but it becomes exceedingly more difficult to function in this lower reality.

Everything is being delegated from on High into a higher state of consciousness and that's where you, being the Lightworkers and Ascension pioneers, come in. It will be your tasks to see to it that every soul gets the opportunity to evolve along into a higher collective consciousness and also into a personal higher consciousness. Being the mission warriors of the Light you will vouch for this and hence the utter necessity of grounding yourself because what you bring into manifestation can make the difference for this whole world of BEING.

You are the Masters of the Earthly Paradise here in these present times and from all corners of the universe you are being watched, followed up and assisted throughout this whole process. When

you express your need for assistance it will be honored from the bottom of our hearts.

Now you have to make the best of a tuff job in order to reap the fruits of your labour. At present you are immensely strong and wondrous in your Being and your essence and I cannot think of a better team to work with than with all of you!

Thank you so dearly for all that you have contributed so far, for your resolve and your stamina, for the spiritual side in yourself and for the Love you share with each other. You are an extremely strong team and in my vision this cannot be underlined enough! We are not quite there yet but we are doing it in the here and now and that is more than promising, for together we are a formidable team of the Light and this thanks to all of you, the ones that never give up and that keep on believing in all of you.

With all my heart and all my Love,

I AM that I AM  
Saint Germain

### **Saint Germain ~ You are the creators of your reality**

Greetings, beloved I AM Presences and friends of mine dwelling on Earth. How I cherish all of you and this Earth ; I wish to clearly utter the expression of my Love for I share it deeply and fully. I welcome you all, my beloved friends.

It really doesn't matter whose Higher Self is who, because we all are One. The human misconception to divide specific units and energies into categories has become a huge misunderstanding and has culminated in various denominations. Instead of unifying and coalescing into one, those misunderstandings have only led to separation and division. Nevertheless, now they come to their end as you are evolving into a unity. Back to your original Being.

Beloved friends, please become conscious of the fact that everything forms one unity, forms one mass of energy, one source. This is ALL OF YOU, each one of you including the dark ones.

Everybody belongs to this, everybody is a part of it. Everybody plays his role in this life with the purpose of allowing more souls to shift through experiences and through opening the eyes and the heart.

Even the most dark particle on this planet plays its role to perfection and gives rise to massive awakenings due to the fact that one does no longer condone certain actions, resulting further on in enlightenment and salvation. Do you really understand this fully that everybody plays an integral part and that it is actually you, yourself, that is taking a firm stand by saying 'no' to all that no longer serves you and rather appals you?

That in fact is the salvation that has been talked about on many occasions : you pulling yourself out of this way of doing, of thinking and of living. Pulling yourselves right out of misery, out of lower vibrations where you were put under veils first and foremost because you consented to it and also because you all have been placed under pressure from the dark forces which have instilled in you your fears, your hatred, your lust for power and your ego.

It is now up to you to counteract this and to not let you be drawn back in these kinds of impurities. When One stays in Love and harmony there's no longer a need for you to free yourself from this as it can no longer influence you. Countless incarnations have led up to life as it is now on Earth. The endless battle between falling and getting up. Keep your focus dauntlessly on your mission on Earth; on your Enlightenment and on your Ascension to a much higher vibration of Love. The time has come for you to free yourselves once and for all from the lower vibrations and to leave them behind for all eternity. The time has come for you to pass through them as your last steps in duality! The time has come for you to leave it all behind and to choose your World created from Love in which you are evolving splendidly! The time is now!!!

Let your hearts speak of Love and let it create what it wishes to see, to feel and to be. Never before have there been times like these on Earth, where everything is placed very high on a cosmic level, assisting on all levels and on all Dimensions, including this one. Make good use of this assistance and do not consider it as being a small step to take for it is and will remain a tough task to focus on this from Love! It is of utmost importance to be this Love, to feel, to share and to spread this Love all over the world, to every beloved soul living on Earth. NOW is the time to act that way!  
**NOW!!!!**



Disregard all disputes, why would you let them interfere in these most important times when you have already come so far? I urge you to simply ignore those disturbing factors and leave them be, without giving them any further thought. In a rather desperate attempt they come your way so you could cling on to them so that duality can keep on feeding on you. Duality can no longer exist without the constant feeding of energy by you : once the source of its energy is removed, its existence collapses, never to be concocted up ever again.

You are the food sources of this duality and it is felt that you no longer wish to feed it and because of this the last and most powerful trumps are being played out in the hopes of tempting you to give in. Please don't get involved in these games of temptation anymore and see through them straightaway before they enter your energy. Feel the forming of them before they are duly formed and retreat, if necessary, out of all those distorted situations and focus entirely now on yourself and on all that is for the Highest good of you and of the entire world.

To resist these temptations is actually rather easy but it is rendered quite difficult by the collective thinking and by the dirty tricks brought about by those who take their roles of the dark ones very seriously but who, in my opinion, have taken it all too far. Forgive them, they have lost their way and they do not know any better. In due time, they too will find their enlightenment again! Staying balanced and remaining in unconditional Love is all that is needed to give them short shrift once and for all.

Look at all of this like you would look at a television series where actors are immersed in dramatic scenes but are not actually merged into them; they just play a part. It is a temptation to drag you into this drama because as a matter of fact, you stand outside of it all. If truth be told, you are and always were standing by the wayside for it is not real! Now that humanity has gained this specific insight and is still in the process of integrating it, everything pertaining to this old paradigm and to this duality will meet its demise. This is already duly happening but comes about through certain phases so it can still procure something to go by in times of huge shifts. To transform everything abruptly could entail too much chaos and we need the help of the collective shifts, which in themselves also occur in stages.

Much has already shifted and changed, my beloved friends! If only you could see what we see changing on a broad scale. There are good reasons for why it is still not visible for all of you on Earth. Be aware that this is done with your best intentions at heart because not everyone's heart is

ready for the huge metamorphosis, as it is really that which will come to pass! Those of you who are fully ready begin to feel it by now in their hearts and in their most direct surroundings. Put your imbued expectations aside and make way for the effective state of BEING and of Love, in an increasingly unconditional form.

We collaborate together to ensure a most positive shift of all of you and of this beloved planet Gaia, which in itself will have a positive impact on humanity, who also chooses to create from Love. We all are true Masters in every sense of the word and we are now present here to actualize this huge and fantastic process of Ascension and this Here and Now!

Keep up your spirits and focus on Ascension even more than before, remain ALWAYS in loving kindness and put all disputes aside NOW. Feel what is best for you and follow that wholeheartedly! I love you all so much.

I AM Master Saint Germain.



(pic of an orb by Méline Lafont in Merlins Cave, Cornwall )

**Saint Germain speaks about the Ascension process and your different embodiments.**

Dear Ones,

Greetings, it is I, Saint Germain and it is my pleasure to give this message about the level of

progress you are currently reaching. The process of Ascension is now proceeding very smoothly and will continue to do so, my dear ones. You have made a huge progress from within yourselves and you are presently busy embodying your Etheric bodies together with all your other bodies. To say it more precisely : you are becoming one with all your current lightbodies and with the dimensional bodies dwelling in parallel worlds.

Soon enough you will come to experience what the endresult of this unification entails, which is what Ascension implies anyway. To unify with yourself in the parallel worlds and Dimensions; to unify yourself with your lower bodies representing your Earthly self ; to unify with the Universe and with all around you. Let me entrust that this unification is what Ascension is really all about.

Allow your different bodies to assume their original state and let them converge into 1 point, in 1 unit in which your capabilities and your true Essence will become yours once again and will step forward to take command. Your true Essence will reveal everything about the real, undistorted Truth and about your real Being from which you were born, from which you crafted yourself and in which all truth and unlimited abilities of free energetic sources lie, from which you aspire to find your inner balance and THAT you will find in all your bodies for it is who you essentially are! You will find the necessary information and the energy as you are yourself the source of creation.

It is in your Essence that you are all this and you have all this.

You can find it in all the layers and bodies of yourself, who have themselves gained experiences in countless other Dimensions and worlds all the while when you were simultaneously having your experiences in your physical body on Earth. The moment that all those bodies unify in one, a fact that will surely come to pass my dear ones, all will be known what has ever been known before you descended into this 3rd Dimensional density. Abilities you developed naturally in the Higher Realms through various processes of Ascension and of evolution will again be at your disposal in your personal life. Others who will experience their Ascension for the first time in the NOW or those who already experienced it, will be in a position to dispose of their own natural abilities and welcome them to explore them even further. Allow those abilities to step forward and make themselves known. Be not afraid ; what you will encounter is yourself in the form of an ability. It is your true image, it is a work of art, it is beautiful to behold, it is exceptional and it has the most loving intentions. For you are loving beings, and this without a shadow of a doubt! It is just that you lost your way and in this process your intentions were forgotten, blocked or clouded.

However, the time has come now for this “clouding” to be lifted once and for all in order to gain a clear sight of what always has been known. Use glasses when necessary to see this all more sharply : it is an expression of a tool to help you to see more clearly; it is your own I AM Presence.

Always by your side if the going gets tough and under whose guidance most enlightening moments will now come to pass. Your I AM Presence is always with you, It never parts from you and is surely no outsider. It is YOU! Your true Essence, your loyal Self, your Divine Spark, your Light, your Love and your Energy. Allow your I AM Presence to accomplish Its task for which It is present and for which you are NOW present here on Earth. The mission is nearly fulfilled and rounded up so make it the best mission ever ; it is and was the most difficult mission you ever had to take part in. Be grateful for this for after all, there is no better school of learning than the one of Earth. You have gone through tough times and now it will get easier. You will become aware of this fact once the next experiences unfold the way they are meant to unfold.

What is in store now is the most powerful energy ever in all your experiences of this world of duality namely Ascension. You will be lifted up and that is something that you can take quite literally. Your frequencies will be lifted up as well as your consciousness and your bodies. Mother Earth will be lifted up as will your galaxy. Everything that used to be solid mass, that used to be like heavy matter will now become lightly and rather airy; it will turn into a higher form of enlightening which consists of pure Love and Light. At this very moment your bodies are also undergoing massive changes and more and more codes do their work on a cellular level. At present the light codes have now been integrated in your Lightbodies. Allow those changes to proceed as it is helpful to continue your evolution and your Ascension process, something which requires more and higher adjustments in order for you to be taken into the Light. This Light itself implies a very high vibration/frequency of the cosmos whereas your physical body operates on a very low vibration/frequency.

Behold your source of Light and your true Essence as they unfold into a beautiful butterfly which has regained its freedom after separating itself from its cocoon in which it has been held captive and in which its evolution was limited. Behold how your approaching freedom now comes into manifestation and guiding you on your true path, which has always been rightfully yours. Behold your “beautiful” world of illusion coming to an end after you have spent countless lives in it and fooling you into believing what is really the Truth. And finally, my dear ones, welcome yourself and the new energies of change as well as the love energies which are anchoring themselves in your beautiful planet Earth. You are the Masters, you are the ones you have been waiting for. And

so it is! Be full of Love for each other and, together, pull the same cart for you have the same goals  
in common and they are your freedom and your Ascension.

I AM Saint Germain.

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Thank You Saint Germain <3

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